

A Lenten Retreat at St. Laurence

Canon City, Colorado, Fr. Lester Michael Bundy, St. Columba's Antiochian Orthodox Church
will offer a Retreat on the theme

“Voices from the Crowd on the *Via Dolorosa*, The Way of the Cross.”

St. Laurence campus is a mountain valley ten miles West of Canon City on Hiway 50, then North eleven miles on
Hiway 9 and then West on County Road 21. Call 303-722-0707 or go to

saintlaurenceosb.org for directions.

Friday evening, March 30

5:00 PM to 7:00 PM Lenten

Soup Buffet

7:30 First presentation

Silent meditation

10:00 compline

Saturday, March 31

7:30 Mass

8:30 Breakfast

9:30 Matins

10:00 Reflection

Break

10:30 Second Presentation

Lenten Lunch

1:00 PM Third presentation

1:15 reflection

3:00 PM conclusion **OR**

Retreat continues with

Snacks

4:30 PM Fourth presentation

Silent reflection

6:30 PM Vespers

7:15 Supper

8:30 PM Fifth presentation

Silence

10:00 PM Compline

Confessions as arranged

Sunday, April 1

Mass

Breakfast

Matins

Silence

Sixth presentation
reflection, Lunch, departure

Please return this form to :

SMP

1405 South Vine Street

Denver, CO 80210

- \$ 49 per person though Sunday \$ 39 through Saturday, free to staff -

Name _____

Contact e-mail _____

Contact telephone _____

Plan to leave Saturday _____ Plan to stay over for Sunday _____

St. Laurence is out in the Colorado mountains. It may be that a big storm will cover the place in snow and ice. We have to deal with the Weather as God so wills. Or, there might be most moderate conditions with sunshine. Check conditions as appropriate. Yours and a most merry Lent, Fr. John (john.connely@gmail.com)