

# First Antiphon of the Typics

# 51

M. M. Ippolitov-Ivanov  
(1859 - 1935)

Adapted into English by  
Priest Michael G. H. Gelsinger  
(1890 - 1980)

Psalm 103

Bless the Lord, — O my soul. Bless-ed art thou, O Lord.

Bless the Lord, — O my soul, and all that is with-in —

me bless his ho - ly name. Bless the Lord, — O my soul, and for-

get not all his prais - es, who for - giv - eth all thine in - iq - ui - ties, who

# 51

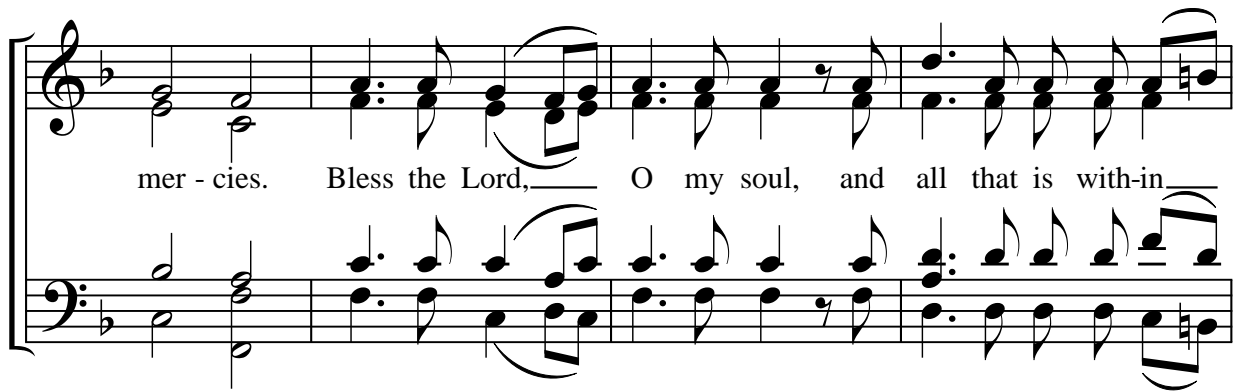
## First Antiphon of the Typics Ippolitov-Ivanov/Gelsinger



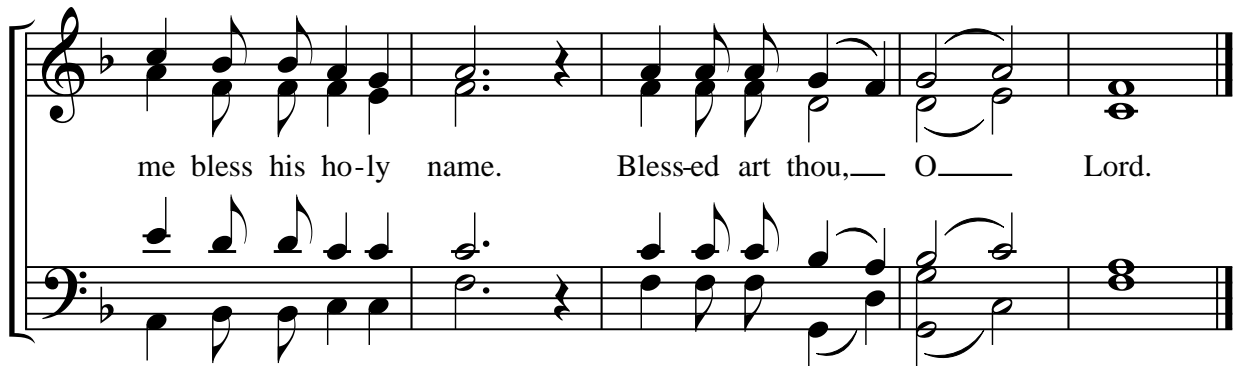
heal - eth all thy dis - eas - es, who re - deem - eth thy life from cor -



rup - tion, who crown - eth thee with lov - ing kind - ness and ten - der



mer - cies. Bless the Lord, O my soul, and all that is with-in



me bless his ho - ly name. Bless - ed art thou, O Lord.