

## September 13 - Forefeast of the Exaltation of the Cross

### Apolytikion

**Mode 2 (Tone 2) Soft Chromatic Tuning - Thi = G**

*Translation: September Menaion  
Holy Transfiguration Monastery*

*Byzantine chant:  
Jessica Suchy-Pilalis*

Ison

We of - fer Thee in me - di - a - tion the life - - giv - ing

Cross which, of Thy good-ness, Thou hast giv - en un - to us, the

un - wor - - thy, O Lord. Save Thy hi - - er - archs and Thy flock,

and grant Thou peace through the The - o - to - - kos, O on - ly

Friend \_\_\_\_\_ of man.