Our Righteous Father Benedict of Nursia

March 14th

Apolytikion

Byzantine Chant Tone 8/Plagal Fourth Mode

Christopher Holwey
Father John El Massih

Un. F C

Through thee the divine likeness was securely preserved, O Father, Benedict; for thou didst carry the cross and follow Christ. By example and precept thou didst teach us
to ignore the body because it is perishable,
and to attend to the concerns of the undying soul.
Therefore, doth thy soul rejoice with the angels.

Antiochian Orthodox Christian Archdiocese of North America, Rev. 1, 1/9/2021, CAH