After the Daily Prokeimenon, read the OT Prophecies in the "Divine Prayers & Services" by Nassar, pages 284 - 286, and after the usual Petitions, chant the Aposticha in Tone 4 as on the following pages.

Idiomelon 1

The joy of the whole world hath shone forth to us from the two righteous ones, Joachim and Anne.

Verily the all-exalted Virgin, who because of her surpassing purity became a living temple of God, and alone is known as truly Theotokos. Wherefore, by her intercessions, O Christ God, send forth safety to the world, and to our souls the Great Mercy.
Hear-ken, O daughter, and consider, and incline thine ear.

To-day, O Virgin, thou hast been born a most noble child from the righteous ones, Joachim and Anne, as angels fore-told, O paradise and throne of God, O vessel of purity who went before and proclaimed joy unto all the world, O cause of our life and annihilation of the curse, and the bestowment of blessing. Wherefore, O Maiden, called forth from God, seek, through thy birth-giving,
The rich among the people shall entreat thy countenance.

Verily, Anne the barren, the fruitless, doth today clap her hands with joy. Let the terrestrial ones wrap themselves with light, let the kings be happy and the Priests rejoice with blessings; let the whole world celebrate; for behold the queen, the blameless bride of the Father, hath sprouted from the stem of Jesse.

Therefore, thereafter, women do not bring forth children in Antiochian Orthodox Christian Archdiocese, 8/18/17, Rev 5, DA, CAH
sorrow; for joy hath blossomed forth, and life shall dwell in the world, and the offerings of Joachim shall no more be rejected; for the wailing of Anne hath been turned into joy, who saith, Rejoice with me, all ye chosen of Israel; for the Lord hath given me the living palace of his divine glory for universal joy and gladness, and for the salvation of our souls.