

Great Lent is the **Springtime** of the **Liturgy**

PRAY



FAST



GIVE



We **PRAY** to **GOD**

We **FAST** for **OURSELVES**

We **GIVE** to **OTHERS**

The Three Pillars of our Holy Orthodox Faith are outlined by our Lord & God & Savior Jesus Christ in His Sermon on the Mount: Praying, Fasting, & Almsgiving (Matthew 6: 1-20). Every Orthodox Christian should practice these 3 essential acts of piety especially during the Holy Season of Great Lent, which is also called the Springtime of the Liturgy: Why are the most important Church Services held during Great Lent? Why are the Saturdays of Great Lent called "Souls' Saturdays"? Is there any connection between the Feast of the Annunciation & Holy Week? Is Holy Pascha linked to the Spring Season? Why is Holy Pascha the Feast of Feasts? How are the Gifts of Holy Communion prepared, and, How do we prepare ourselves for Holy Communion?

Join us for a Weekend of Prayer, Fellowship, and Learning

**THE ANTIOCHIAN WOMEN'S LENTEN RETREAT
MARCH 29-31, 2019 at the ANTIOCHIAN VILLAGE**

In Loving Memory of our Hierarchs who have fallen asleep in the Lord who are laid to rest at the Village

Keynote Speaker: Fr. Charles Nicholas Baz

For Registration: <http://registration.antiochianvillage.org/AWLenten2019>

☞ Blessed are those whom Thou hast chosen and hast taken to Thyself, O Lord ☞
☞ Their remembrance is from generation to generation ☞
☞ Their souls shall dwell among good things ☞