Today the Virgin giveth birth to the Lord inside the cave.

* When “Verily it is easier” is sung as the Heirmos of the 9th Ode, use this magnificat:

* When it is sung as the Katabasia at the end of the 9th Ode, use this magnificat:

Ode 9

Verily, it is easier for us to endure silence since there is no dread danger therefrom for us. But because of our strong desire, O Virgin, and Mother at the same time, to indite well-balanced songs of praise, this becometh indeed onerous to us. Wherefore, grant us pow’r to equal our natural inclination.

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