September 2nd

Martyr Mamas & His Family
Exaposteilarion & Theotokion

Byzantine Chant Tone 2
Special Melody: While Thy disciples looked on Thee

1) Up - on the milk of does thou wast fed____ and nour - ished,
2) The most de - ceit - ful en - e - my, full____ of cun - ning,

while liv - ing in the moun - tains, O Mar - tyr Ma - mas;
who made of me an ex - ile from ho - ly E - den,

yet when thou didst strive in con - test ea - ger - ly,
hav - ing en - vied me that life___ di - vine___ and blest

thou didst show thy____ no - bil - i - ty;
I had of old____ in Par - a - dise,

and win - ning priz - es____ of vic - t'ry,
is now him - self slain____ and van - quished

1. thou went - est hence to____ the Lord____ God.

2. by thy birth - giv - ing, O Vir - gin.