

Lenten Triodion
The Sunday of Forgiveness (Cheese Fare)
Exaposteilarion

Byzantine Mode 2
Special Melody: *Hearken, ye women*

1) Wretch that I am, I dis - o-beyed Thy bid - ding and com -
- mand, O Lord, and be - ing stripped of Thy glo - ry,
am filled with shame and dis - hon - or; woe un - to me, that
am cast out from the de - light of Par - a - dise. Have mer - cy,
O most Mer - ci - ful, on me, O Sav - ior, that right - ly
have been de - prived of Thy good - ness

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Lenten Triodion
The Sunday of Forgiveness (Cheese Fare)
Theotokion

Byzantine Mode 2
Special Melody: *Upon that mount in Galilee*

2) Though we were driv - en from our home of Par - a - dise in
old time for eat - ing from the tree, O Lord,
Thou in re - turn didst lead us back in a - gain, O my
Sav - ior, through Thy dread Cross and Pas - sion, through which, O
God, give us the strength to com-plete the di - vine Fast with
hearts made pure, and to wor-ship Thine own di - vine A -
- ris - ing, the sav - ing Pas - cha of the Lord,
through the prayers of Thy Moth - er.