1) Wretch that I am, I disobeyed Thy bidding and commanded, O Lord, and being stripped of Thy glory, am filled with shame and dishonor; woe unto me, that am cast out from the delight of Paradise. Have mercy, O most Merciful, on me, O Savior, that right ly have been deprived of Thy goodness

(Continue on the next page.)
2) Though we were driven from our home of Paradise in old time for eating from the tree, O Lord,

Thou in return didst lead us back again, O my Savior, through Thy dread Cross and Passion, through which, O God, give us the strength to complete the divine Fast with hearts made pure, and to worship Thine own divine

arising, the saving Pascha of the Lord, through the prayers of Thy Mother.