

*Lenten Triodion*

**The 1st Saturday of Lent, St. Theodore of Tyre**

**Exaposteilarion & Theotokion**

Byzantine Mode 2

Special Melody: *Upon that mount in Galilee*



Lenten Triodion - 1st Saturday of Lent-Theodore - Exaposteilarion & Theotokion - 2

feast - day, O blest prize - win - ner The - o - dore,  
wom - en; for thou, O La - dy, hast\_\_\_ con - ceived

1  
thou thrice - re - splen - dent Mar - tyr.

2  
the joy of all cre - a - - - tion.