

**Lenten Triodion**  
**2nd Sunday of Lent - St. Gregory Palamas**  
**Exaposteilarion & Theotokion**

Byzantine Mode 2  
 Special Melody: *Upon that mount in Galilee*



1) Re-joice, boast of the Fa - thers' choir, thou mouth of the - o -  
 2) *O sov - 'reign La - dy, Queen of all, an - tic - i - pate our*

- lo - - gians, a - bode of still - ness rapt\_\_\_\_ in God;  
 per - - ils, an - tic - i - pate\_\_\_\_ our ev - - 'ry woe,

re - joice, O house of wis - dom, thou high - est sum - mit\_\_\_\_ of  
*be with us when we need\_\_\_\_ thee up - on that awe - some and*

teach - ers, sea of the word un - fath - omed, in - stru - ment  
 last\_\_\_\_ day, lest Ha - des or\_\_\_\_ per - di - tion or Sa - tan

of\_\_\_\_ ac - tiv - i - ty, height of true di - vine vis - ion, thou  
*take us in\_\_\_\_ that hour; but may we all\_\_\_\_ stand guilt - less be -*

who dost heal\_\_\_\_ men's un - cured dis - eas - es; re - joice, O  
 -fore thy Son\_\_\_\_ at His dread tri - bu - nal, O all - pure

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G

fa - ther, thou who art both\_ in life\_\_\_\_ and death  
Vir - gin; for all thou will - est, thou\_\_\_\_ canst do,

1 E

the Spir - it's sanc - tu - ar - - - y.

2 Un. rit. F G

as God's all - ho - ly Moth - er.

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