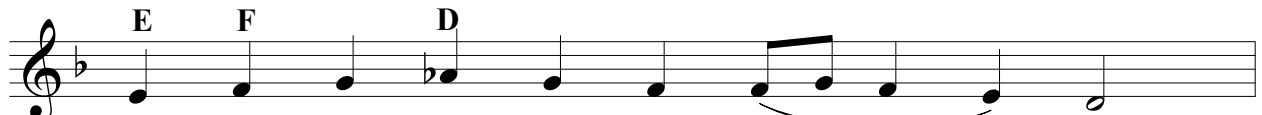




Lenten Triodion
5th Sunday of Lent, St. Mary of Egypt
Exaposteilarion

Byzantine Chant Tone 3
Special melody: *O changeless Light*

E F D

1) We have thee as an ex - am - ple

C F

of change of life and _____ re - pen - tance,

E F D

which do thou beg Christ to grant _____ us

C F


now in this sea - son _____ of fast - ing,

G

so that with faith and _____ with long - ing

D

we might _____ ac - claim _____ thee,

C F

O great and all - right - eous Mar - y

Lenten Triodion
5th Sunday of Lent, St. Mary of Egypt
Theotokion

Byzantine Mode 3
Special Melody: *Thou Who as God adornest*

2) Thou art the sweet-ness of An - gels, the glad-ness of

af - lict - ed ones, and the pro - tect - ress of Chris - tians,

O Vir - gin Moth - er of our Lord,

be thou my help - er and save me

from out of ē - ter - nal tor - ments.