

**Lenten Triodion**  
**Cheese-Fare Saturday**  
**Exaposteilarion**

Byzantine Mode 2  
Special Melody: *Hearken, ye women*



1) Ye that in truth re - nounced the world and took up - on\_\_ your -  
- selves\_\_ the Cross, O right-eous Fa - thers\_\_ un - num-bered  
with all the choirs of\_\_ the Mar - tyrs, the Hier-archs' sa - cred  
com - pa - ny, and thē ar - ray\_\_ of Wom - en Saints, now make us  
bright with joy\_\_ of heart to praise in song, as\_\_ is fit - ting,  
your all il - lus - tri - ous mem - 'ry.

*(Continue on the next page with the Theotokion)*

Lenten Triodion  
Cheese-Fare Saturday  
Theotokion

Byzantine Mode 2  
Special Melody: *Upon that mount in Galilee*

G E

2) Let us in glad - ness praise with hymns the great God - bear - ing

G

Fa - thers who shone in thē as - cet - ic life

E G

with the thrice - bless - ed Hier - archs, the Wom - en right - eous\_ and

E G

ho - ly, and with the Hier - o - mar - tyrs, that we might

E

all\_ be sanc - ti - fied, and that through their en - treat - ies and

by the prayers\_ of the The - o - to - kos, we might ac -

G

- com - plish the course and con - test of\_ the Fast

Un. rit. F G

pros - pered fair on our jour - ney.