1) Ye that in truth renounced the world and took upon yourselves the Cross, O righteous Fathers unnumbered with all the choirs of the Martyrs, the Hierarchs' sacred company, and the array of Women Saints, now make us bright with joy of heart to praise in song, as is fitting, your all illustrious memory.
2) Let us in gladness praise with hymns the great God-bearing Fathers who shone in the ascetic life with the thrice-blessed Hierarchs, the Women righteous and holy, and with the Hieromartyrs, that we might all be sanctified, and that through their entreaties and by the prayers of the Theotokos, we might accomplish the course and contest of the Fast

prospered fair on our journey.

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