

# 1st Antiphon

Psalm 103

## Bless The Lord

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21- Greek Chant

Bless the Lord, O my soul: bless-ed art Thou, O Lord. Bless the Lord,

O my soul: and all that is with-in me, bless His Ho-ly Name. Bless

the Lord, O my soul: and forget not all His ben-e-fits:, Who for-gives

all your in-ig-ui-ties, who heals all your dis-eas-es. The Lord is com-pas-

sion-ate and mer-ci-ful, long suffering and of great good-ness.

Bless the Lord, O my soul: bless-ed art Thou, O Lord.