Let every breath praise the Lord.

Praise the Lord from the Heavens, praise Him in the highest. To Thee is due praise, O God.

Praise Him, all ye His angels; praise Him, all ye His hosts. To Thee is due praise, O God.

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.
To day the grave hold eth Him Who hold eth creation in the palm of His hand. A stone cover eth Him that covered the Heav ens with virtue. Life doth sleep, and Hades doth trem ble, and Adam is released from his bonds. Glory to Thy dispensation, whereby, when Thou hadst accomplished all things, Thou didst grant us an ever last ing Sabbath, even Thine all holy.
Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

What is this spectacle before our eyes? What is this present rest? The King of the ages, having accomplished His dispensation through the Passion,

keep-eth Sabbath in the tomb, granting a new Sabbath rest unto us. To Him let us cry:

A- rise, O God, judge the earth,
for Thou shalt be king unto the ages, O Un.

- Thou Who hast immeasurably great mercy.

- Praise Him with the timbrel and dance, praise Him with strings and flute.

- Come let us behold our Life lying in the grave,

- that He might make those lying in the graves to live. As we see Him of Judah sleeping today, come, let us cry out to Him according to the prophecy: Having crouched,

Thou hast slept as a lion.

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who shall rouse Thee up, O____ King? But a-rise of Thine own__

power, who willing-ly gave-est Thy-self_ for us. O

Lord, glo-ry_ be_____ to_____ Thee.

Praise Him with the tune-ful cym-bals, praise Him with cym-bals of

ju-bi-la-tion, let ev-ry breath praise____ the____ Lord.

Jo-seph asked for the Bod-y____ of_ Je-sus and

laid_____ it in his new sep-ul-chre; for it was meet that

He should come forth_____ from_ the__ grave as from a brid-al__

cham-ber. O Thou____ Who hast__ crushed

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the domination of death and hast
opened the gates of Paradise
unto man, glory be to Thee.
The Praises
Second Mode

L (M)
Let ______ every ______ breath ______ praise the ______ Lord.

(P)
Praise the Lord from the ______ Heavens, praise Him ______ in ______ the highest. To Thee is ______ due ______ praise,

O ___________ God.

P (P)
Praise Him, all ______ ye ______ His angels; praise ______ Him, all ______ ye ______ His ______ hosts. To Thee is ______

due ______ praise, ________ O ___________ God.
Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

O day the grave holdeth Him Who holdeth creation in the palm of His hand. A stone covered Him that covered the Heavens with virtue. Life doth sleep, and Hades doth tremble, and Adam is released from his bonds. Glory to Thy dispensation, whereby, when Thou hadst accomplished all things, Thou didst...
grant ______ us an ever-lasting ______ Sabbath, even
Thine all-holy Resurrection from ______ the dead.

P
raise Him with the sound of trumpet, praise Him with
the psalter-______ and ______ harp.

W
What is this spectacle ______ before ______ our ______ eyes?

What is this ______ present ______ rest? ______ The King of the ages,
having accomplished His dispensation through the Passion, keepeth Sabbath
in ______ tomb, grant-ing a new ______ Sabbath rest ______ un-
Holy Week – Great and Holy Saturday Matins – The Praises

- to _____ us. To Him let us cry: A-rise, O __

God, judge ______ the ______ earth, for Thou shalt be king

un- to ____ the ages, O Thou Who hast im-

ur- a-bly great ________ mercy.

Praise Him with the tim- brel and dance, praise Him with

strings _____ and flute.

Come let us be- hold our Life ly- ing in the ___ grave,

that He might make those ly- ing ______ in the graves ___ to ___

_____ live. As we see Him of ___ Ju- dah ___ sleep-

- ing to- day, come, let us cry out to Him ac-

ording.
Then the following in Plagal Second Mode

raise Him with the tuneful cymbals, praise Him with cymbals of jubilation, let every breath praise the Lord.

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Joseph asked for the Body of Jesus and laid it in his new sepulchre; for it was meet that He should come forth from the grave as from a bridal chamber. O Thou Who hast crushed the dominion of death and hast opened the gates of Paradise unto man, glory be to Thee.