Let every breath praise the Lord.

Praise the Lord from the Heavens, praise Him in the highest to Thee is due praise, O God.

Praise Him, all ye His angels; praise Him, all ye His hosts. To Thee is due praise, O God.

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.
Today the grave holdeth Him Who holdeth creation in the palm of His hand. A stone覆盖eth Him that covered the
Heavens with virtue. Life doth sleep,
and Hades doth tremble, and
Adam is released from his bonds.

Glory to Thy dispensation, whereby, when Thou
hadst accomplished all things, Thou didst grant us an everlasting

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Resurrection from the dead.

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

What is this spectacle before our eyes? What is this present rest? The King of the ages, having accomplished His dispensation through the Passion,

keep-eth Sabbath in the tomb, granting a new Sabbath rest unto us. To Him let us cry:
for Thou shalt be king unto the ages, O Un.

Thou Who hast immeasurably great mercy.

Praise Him with the timbrel and dance, praise Him with strings and flute.

Come let us behold our Life lying in the grave,

that He might make those lying in the graves to live. As we see Him of Judah sleeping today, come, let us cry out to Him according to the prophecy: Having crouched, Thou hast slept as a lion.

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who shall rouse Thee up, O____ King? But a-rise of Thine__ own__
pow - er, who will-ing-ly gave - est Thy-self__ for us. O

Lord, glo - ry_ be________ to________ Thee.

Praise Him with the tune-ful cymbals, praise Him with cymbals of
ju - bi - la - tion, let ev'ry breath praise____ the____ Lord.

Joseph asked for the Bod - y_____ of_ Je - sus and
laid_____ it in his new sep - ul - chre; for it was meet that

He should come forth____ from____ the__ grave as from a bridal_

cham - ber. O Thou____ Who hast__ crushed
the dominion of death and hast opened the gates of Paradise

unto man, glory be to Thee.
The Praises

Second Mode

Heaven

Let every breath praise the Lord.

Praise the Lord from the Heavens, praise Him in the highest. To Thee is due praise, O God.

Praise Him, all ye His angels; praise Him, all ye His hosts. To Thee is due praise, O God.
raise Him for His mighty acts, praise Him according to the multitude of His greatness.

oday the grave holdeth Him Who holdeth creation in the palm of His hand. A stone covered Him that covered the Heavens with virtue. Life doth sleep, and Hades doth tremble, and Adam is released from his bonds. Glory to Thy dispensation, whereby, when Thou hadst accomplished all things, Thou didst
grant __ us an ev- er- last- ing __ Sab- - bath, e- ven Thine all- ho- ly Res- ur- rec- tion from __________ the dead.
raise Him with the sound of trump- pet, praise Him with the psal- ter- y and __ harp.

What is this spec- ta- cle __ be- fore __ our _________ eyes?
What is this __ pre- sent __ rest? __ The King of the ag- - es, hav- ing ac- com- - plished His dis- pen- sa- - - - tion through the Pas- - - sion, __ keep- eth Sab- - bath __ in the __ tomb, grant- ing a new ______ Sab-bath rest ______ un-
To Him let us cry: Arise, O God, judge the earth, for Thou shalt be king un- to the ages, O Thou Who hast immeasurably great mercy.

Praise Him with the timbrel and dance, praise Him with strings and flute.

Come let us behold our Life lying in the grave, that He might make those lying in the graves to live. As we see Him of Judah sleeping today, come, let us cry out to Him according
Then the following in Plagal Second Mode

Praise Him with the tuneful cymbals, praise Him with cymbals of jubilation, let every breath praise the Lord.

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Joseph asked for the Body of Jesus and laid it in his new sepulchre; for it was meet that He should come forth from the grave as from a bridal chamber. O Thou Who hast crushed the domination of death and hast opened the gates of Paradise unto man, glory be to Thee.