A help and a refuge hath salvation become to me. This is my God, therefore will I glorify him; the God of my Fathers, therefore will I exalt him; for in glory hath he been glorified.

O Lord, confirm my unstable heart on the rock of thy commandments; for thou alone art holy and Lord.

The Prophet heard of thy coming, O Lord, and that thou wast about to be born of the Virgin and appear to men; and he was dismayed, crying.

Thy hearing have I heard and feared. Glory to thy power, O Lord.
In the night I rise up early beseeching thee,
O Lover of mankind.  Lighten me and

guide me to thy commandments.

Teach me, O Saviour, to do thy will.

With my whole heart I cried to the compassionate
God, and he heard me from the nether hades,

bringing my life out of corruption.
We have sinned, and done iniquity and injustice before thee. We have not kept nor done thy commandments. But deliver us not unto the end, O God of our Fathers.

We praise, we bless, and we worship the Lord.

Praise, O creation, with ev'ry breath, and bless him whom the hosts of heaven do glorify, and whom the cherubim and seraphim dread. Exalt him yet more and more unto all ages.