By thy holy nativity, O pure one, Joachim and Anna were delivered from the reproach of barrenness;

and Adam and Eve were delivered from the corruption of death;

thy people do celebrate it, having been saved from the stain of iniquity, crying unto thee: The barren doth give birth to the Theotokos, who nouriseth our life.
Kontakion For The Nativity of
the Theotokos

Fourth Mode

...The barren doth give birth to the Theotokos,
who nourisheth our life.