

Lenten Triodion
Lenten Apolytikia

(Sung at the end of Lenten Daily Vespers, with prostration after the first three.)

Byzantine Chant Tone 5
Plagal First Mode

Dn. John El Massih

Re - joice, O Vir - gin The - o - to - kos, Mar - y

full of grace, the Lord is__ with thee. Bless-ed art thou___ a-mong

wom - en, and bless - ed is the Fruit___ of thy womb;

for thou didst give birth to the Sav - ior of__ our souls.

O Bap - tiz - er of Christ, re - mem - ber our con - gre -

- ga - tion, that we may es - cape from our in - iq - ui - ties; for to

thee was giv - en grace to in - ter - cede___ for___ us.

A Un.

Glo-ry to the Fa - ther and to the Son and to the Ho - ly Spir - it.

A Un. A

O pure A - pos - tles, and all ye saints, pray_ for our sakes

Un. A G A

that we es - cape trib - u - la - tions and sor - rows;

G A

for we have tak-en you as fer-vid in-ter - ces-sors with the Sav - ior.

G A

Both now and ev - er, and un - to the ag - es of ag - es. A-men.

A G

We have tak - en re - fuge un - der the wing of thy com - pas - sion, O

A

The - o - to - kos. Turn_ not a - way from our be - seech - ings in

Un. A

trib - u - la - tion, but save us from dis - tress, O

Un. A G A

thou who a - lone art pure and bless - ed.

LENTEN TROPARIA

Plagal First Mode

Ἦχος λ̣ ᾠ̣ Κε

R e- joice, O Vir- gin The- o- to- kos, Mar- y full of

grace, the Lord is with thee. Bless- ed art thou among wom- en, and

bles- ed is the Fruit of thy womb; for thou didst give birth to the Sav- ior

of our souls.

Bap- tiz- er of Christ, re- mem- ber our con- gre- ga-

tion, that we may es- cape from our in- iq- ui- ties; for to thee

was giv- en grace to in- ter- cede for us.

G lo- ry to the Fa- ther and to the Son and to the Ho- ly

Lenten Troparia

^(M)
Spir- it.



^(K) pure A- ^(M) ^(K) pos- tles, and all ye saints, ^{v'} pray for our

³ ^(M) ^(K) ^(Δ) ^(K) ³ ^(K) ^{v'} ^{ẋq̇} sakes that we es- cape trib- u- la- tions and sor-rows; for we

^(Δ) ^(K) ^{ẋq̇} have tak- en you as fer- vid in- ter-ces- sors with the Sav-ior.

B

^(M) ^(K) ^{v'} ³ oth now and ev- er, and un- to the ag- es of ag- es.

A- men.



^(Δ) e have tak- en re- fuge un- der the wing of thy com- pas- -

^(K) ^{ẋq̇} sion, O The- o- to- kos. Turn not a- way from our be- seech-ings _ in trib-

^(M) ^(K) ³ ^{ẋq̇} ^{v'} ³ ^(M) u- la- tion, but save us from dis- tress, O Thou who a- lone art

^(K) ^(Δ) ^(K) ^{ẋq̇} pure and bless- - ed.