Supplement for the Paraklesis Service
Megalynaria for Saints and Feasts as Sung
after the Ninth Ode of the Supplicatory Canons

These are all sung in Tone Eight,
following the melody of the other megalynaria.

Venerable Simeon the Stylite (September 1)
Standing on thy pillar, O righteous one, * thou wast a true pillar * of endurance and holiness. * Simeon, our father, * thou summit of the virtues, * enlighten us and raise us * from the abyss of sin.

The Nativity of the Theotokos (September 8)
Born today is Mary the Bride of God, * outcome of a promise * now fulfilled in the sight of all. * Foreordained before the ages * for the divine Logos, * let us therefore glorify * her holy nativity.

Consecration of the Church of the Resurrection in Jerusalem (September 13)
Hallowed by thy precious and sanctified * Blood, O holy Master, * the august and majestic church * of thy Resurrection * is blessed and consecrated * to Thee, unto the glory * and praise of Thy great Name.

The Elevation of the Precious Cross (September 14)
All creation greatly exalts today * Thy holy Cross, O Savior, * and lifts up its voice to Thee, * Crying out to thee in faith, * O Logos, grant thy people * Thy grace and boundless mercy * unto all the ages!

Peer-of-the-Apostles Thekla, Proto-martyr-among-women (September 24)
Wounded with great love and zeal for Christ God * Thou, O holy Thekla, * didst abandon all earthly cares. * Cleaving to thy teacher, * the blest Paul the Apostle, * thou truly wast made wondrous * in feats of martyrdom.

Venerable Silouan the Athonite (September 24)
Let us laud and honor great Silouan, * Offspring of Russia who * was made ready on Mount Athos * as an acceptable * and spiritual sacrifice * and inspired oracle * of the Holy Spirit.
Holy Apostle and Evangelist Mark (April 25)
As Peter’s disciple art thou in truth, * in the temple dost thou receive the Spirit from on high. * Wherefore, while descending into thy martyrdom, O Mark, * thou dost exhort the Gospel of the Savior ceaselessly.

Holy Apostle and Evangelist John the Theologian
(SEptember 26, May 8)
As the beloved of Jesus Christ * treasures of theology * were made manifest unto thee. * Wherefore, O John, * apostle who saw God * and mystic of mysteries, * do thou intercede for us.

Another for the Holy Apostle and Evangelist John the Theologian
(SEptember 26, May 8)
As the beloved disciple of Christ our God * thou wast counted worthy * to recline thy head on His breast. * as a theologian, * evangelist and mystic, * O John, thy fame has spread abroad * and thy name is magnified.

Holy Martyr Christopher (May 9)
Startling in appearance art thou, O Saint * and with strength and reason, O famed Martyr Christopher, * combating the soldiers who came to persecute thee, * and longing for the nature of thy Creator.

Holy Apostle and Evangelist Luke (October 18)
Blessed be thy right hand, O holy Luke, * for by it the two-fold * sacred writings of the word of God, * with the icon * of the Theotokos * have come to us the faithful, * O discouerser of God.

Holy Apostle James the Brother-of-God (October 23)
Both in name and deed wast thou known to be * Brother of the Lord God, * O most worthy and holy James. * And as Sion’s hierarch * and great God-bearing shepherd * thou didst lay down thy life for * thy flock, O blessed one.

Another for the Holy Apostle James the Brother-of-God (October 23)
In name thou wast revealed Brother-of-God * and in Sion as a man * who knows ineffable mysteries. * O blest Apostle James, thou * didst glorify the life-bearing * Passion of Christ by * thine honorable passion.

St. Raphael of Brooklyn (First Saturday in November, February 27)
Rising from the east like a brilliant sun, * thou, O holy hierarch, dost enlighten and comfort all * who with faith flee unto thy * paternal loving-kindness. * Do thou now intercede for us, * O good shepherd Raphael.

**All Bodiless Powers of Heaven (November 8)**

Chieftains of the bodiless hosts on high, * Michael thou commander * and great Gabriel prince of light, * with Archangel Raphael * and all celestial orders, * make prayers for the forgiveness * of our iniquities.

**St. John Chrysostom (November 13)**

Rejoice, O John thou gold-streamed river * that irrigates the whole world * with waters of precious gold! * Rejoice, thrice-blessed Chrysostom, * gold of tongue and gold of heart! * Rejoice, thou steadfast pillar * of the holy patriarchs.

**Holy Apostle Philip (November 14)**

As a true disciple and friend of God * Thou, O blessed Philip, * didst proclaim Christ unto the world. * Hence as an apostle * and witness of the Savior * thou underwentest torments * and death for his Name’s sake.

**Great-martyr James the Persian (November 27)**

Like a comely vine, O Great-martyr James, * wast thou pruned in body * and didst bring forth the fruits of faith. * Who can praise thy courage * or tell of thine endurance, * which truly have astonished * even the hosts on high?

**St. Andrew the First-called Apostle (November 30)**

Since thou wast the first to approach the Lord * Thou, O Andrew, wast revealed * as the first-called apostle. * Divine visionary * of Christ God’s resurrection, * do thou now quell the * ragings of the passions.

**Another for St. Andrew the First-called Apostle (November 30)**

Of the apostolic choir of the Lord * thou wast first, O blessed one, * to be called and to follow Him. * With thy brother Peter, * O Andrew, thou didst leave all * to preach Christ to all nations, * that all may praise His Name.

**St. Nicholas the Wonderworker of Myra in Lycia (December 6)**

O all-blest and wise Father Nicholas, * thou art the protector * of orphans and widows, * feeder of the hungry, * enricher of the destitute, * deliverer of captives * and savior of those at sea.
**Sunday (Dec. 18-24) before the Nativity of Christ**
The fullness of the Law and the righteous ones,* all the prophets, patriarchs,* righteous women and holy kings,* with the king of tender heart* the righteous Josiah,* all leap for joy foreseeing* Christ born in Bethlehem.

**Hieromartyr Ignatius of Antioch, the God-bearer (December 20)**
Christ the Living Water and Source of Life* filled thy soul, O Father,* and refreshed thee in all thy trials;* and the teeth of lions,* O God-bearing Ignatius,* have opened thee a pathway* leading to grace and life.

**Forefeast of the Nativity of Christ (December 20-23)**
Let us purge our bodies and souls of sin,* that with a pure conscience* we may welcome in Bethlehem* Christ the King of glory* Who cometh to be born of* the Virgin pure and sinless.* Come, let us worship him!

**Eve of the Nativity of Christ (December 24)**
Thou, O lowly manger, prepare thyself.* Hasten, O ye shepherds,* for the birth of Christ is at hand.* Hurry on, ye magi,* and gather, all ye angels,* and shout: To thee be glory,* Who for our sakes art born!

**The Nativity of Christ (December 25)**
Glory be to God Who is born today* of the Virgin Mother* in the city of Bethlehem!* Thus cry men and angels* with voices joined in chorus* in worship of the Savior’s* holy Nativity.

**Sunday (Dec. 26-31) after the Nativity of Christ**
Joseph thou betrothed of the Virgin* and guardian of Christ the Lord,* with David ancestor of our God,* and James called Brother by the Word,* ye three kinsmen of Jesus:* Now stand with us and celebrate* His holy Nativity.

**St. Basil the Great (January 1)**
Unto the revealer of heavenly things,* the renowned and bright star,* the initiate of the Lord,* from famed Caesarea* of Cappadocia’s borders,* tea, unto the great Basil* let us give praise with love.

**The Synaxis of the Honorable Forerunner John the Baptist (January 7)**
He that clove the Red Sea in olden times* deigneth to be baptized* by his prophet in Jordan’s streams.* Wherefore John is praised as* the greatest born of women* and all the faithful laud him* on this his memorial.
St. Peter, Chief of the Apostles: His Precious Chains (January 16)
Let us laud the first herald of the Word, * Peter the all-honored * chief apostle among the Twelve, * Whose precious chains of bondage * we treasure and honor, * for with the wreath of glory * he now intercedes for us.

St. Xenia of Petersburg (January 24)
Fleeing from the fleeting things of this world * and an earthly bridegroom, * thou didst join thyself unto Christ. * As thou art a prudent * and wise virgin, O Xenia, * come fill thou our souls’ lamp * with the oil of purity.

Venerable Isaac and Ephraim the Syrians (January 28)
Sacred and mellifluous streams of grace * were your holy writings * and your lives, O supremely-wise * Isaac and most-hallowed * Ephraim our righteous elders, * ye summits of the Fathers * and lights of Syria.

Venerable Isaac the Syrian (January 28)
From the depth of wisdom and godliness * thou didst draw forth waters * springing up to eternal life. * Nurtured by this fountain * found in thy sacred writings, * O lofty-minded Isaac, * we taste of Christ God’s grace.

The Three Holy Hierarchs (January 30)
Shown unto the word as wise teachers, * pillars of the Church, * and heavenly mystagogues: * Holy Father Basil, godly-minded Gregory, * and divine Chrysostom, * pray ye unto God for us!

First and Second Discoveries of the Head of the Honorable Forerunner John the Baptist (February 24)
Like an alabaster vessel of myrrh * hath thy head, O Baptist, * been revealed unto all today, * bringing joy and fragrance * to all who venerate it * and allowing the faithful * to keep thy memory.

Venerable John Cassian (February 29)
Let us praise our venerable Father * Cassian who by fasting * and by watchfulness trained himself * in ascetic struggles, * and glorified the Trinity. * He now graciously bestows on us * all the gift of grace.

Forty Holy Martyrs of Sebastia (March 9)
Let us praise with hymns the bright company * of the Forty Martyrs of Christ Jesus, the Word of God, for by freezing cold and fire * they were all tested, * and worthily received the crowns * of victory and triumph.
Venerable Benedict of Nursia (March 14)
Rejoice, O thou beauty of holy ones * and model for those who live * the monastic life in the West! * Rejoice, thou who didst run toward God * and doth instruct us how to live! * Rejoice, thrice-blessed Benedict, * servant of Jesus Christ!

Great-martyr George the Trophy-bearer (April 23)
Let us praise with hymns our most fervent guide, * guardian, and protector, * and quick helper in all distress, * the glory of the martyrs, * and caster-down of idols; * and let us cry out unto him: * Rejoice, O Great-martyr George!

Peers-of-the-Apostles Constantine and Helen, the God-crowned (May 21)
Constantine and Helen of noble fame * are acclaimed in anthems * as the glory of pious kings; * and as God’s anointed * and peers of the Apostles * they shine forth with the grace of * Christ God’s exalter Cross.

Another for Ss. Constantine and Helen (May 21)
Let us praise the beacons of piety, * followers and imitators * of the apostolic band, * Constantine together * with saintly Helen, * glory of sovereigns and * intercessors for our souls.

Third Discovery of the Head of the
Honorable Forerunner John the Baptist (May 25)
On this day the faithful acclaim the feast * of the third discovery * of thy precious and sacred head * which the Triune Godhead * hath glorified, O Baptist, * by miracles and healings * for all who run to thee.

The Nativity of the Honorable Forerunner John the Baptist (June 24)
As a sacred blossom and gift of God * was the holy Baptist * born today of a barren womb, * and hath filled the desert, * the mountains and the Jordan, * and all things with the fragrance * and grace of sanctity.

Chiefs of the Apostles, Peter and Paul (June 29)
Let us laud the first heralds of the Word, * Peter and all-honored * chief apostle among the Twelve, * and Paul the fiery preacher * of Christ God’s dispensation * for crowned with wreaths of glory * they now intercede for us.

Another for the Chiefs of the Apostles, Peter and Paul (June 29)
Peter thou divine chariot of the cherubim, * Paul thou man of heaven * and chariot of the seraphim, * fiery tongues of Jesus Christ * the God-Man and Logos: * Deliver me from the * fire of gehenna.
Venerable Andrew of Crete (July 4)
Delivered from the silence of thy youth * thou didst sing a new song * in the gathering of righteous ones, * offering up thy life * as the first-fruits of repentance, * O Andrew wise hymnographer * of true theology.

Glorious Prophet Elias (July 20)
Aflame with the fire of heavenly zeal, * thou, O fiery zealot, * didst burn up evil and deceit. * Therefore, thou ascended * in a fiery chariot * O Prophet Elias, to * life incorruptible.

Venerable Paul of St. George Monastery at Xeropotamou (July 28)
Preserve and protect those who worship thee, * Christ God almighty, * my Creator and Redeemer, * by the constant intercessions * of the Great-martyr George * and Paul our Venerable * God-bearing Father.

Venerable Evdokimos the Just (July 31)
Rightly wast thou called just, O righteous one * for thy deeds of justice, * O Evdokimos of great fame, * and thy hidden virtue * was made known to the faithful * by many signs and wonders * after thy blest repose.

The Transfiguration of Christ (August 6)
Wishing to make manifest the divine * power and wisdom * that the Father had given thee * on the Mount of Tabor, * O Lord, Thou wast transfigured * before Thy blest disciples * and didst enlighten them.

The Dormition of the Theotokos (August 15)
A Virgin, thou dost stand as the Queen of all * at the right hand of the throne * of our God who is king of all. * Thou art clothed in brightness * of immortality * since to the heavenly places * thou wast taken up.

The Icon of the Savior Not-made-by-hands (August 16)
When the king of Edessa saw the face * of the God-Man Jesus * on the cloth which he sent to Him, * he was healed of his disease * and put off sins and passions, * and worshipped God by walking * in his divine commands.

Venerable Martyr Cosmas Aitolos (August 24)
Rejoice, most worthy emulator of Christ’s * all-revered apostles, * most blest teacher of piety. * Rejoice, most sacred planter * and husbandman of virtue, * O Cosmas, we acclaim thee, * praising thy memory.
Beheading of the Honorable Forerunner John the Baptist (August 29)
Though thou wast beheaded yet thy blest tongue * ceaseth not its censure * of King Herod and hateful lust. * For, O Holy Baptist, * thou greatest born of women, * mere man could no wise silence * the voice of God the Word.

Procession of the Holy Cross (Third Sunday of Great Lent and August 1)
With a heart and mind purged of earthly cares, * come let us now worship * the most-hallowed and precious Cross * which, with Christ, doth bear the deep * wounds of crucifixion * and sheddeth grace upon all * who honor it in faith.

St. Joseph of Arimathea (Third Sunday of Pascha and July 31)
When with love he brought thee down from the Cross * Noble Joseph wept as he * embraced thee within his arms. * O sweet Lord my Jesus, * cried he with lamentation, * I worship thine ineffable * love for sinful man.

Holy Ascension
Standing on Mount Olivet in the flesh, * Christ our Savior didst ascend * after his resurrection. * And with glory he was taken up * into the heavens, * that He might send upon the world * the All-holy Spirit.

Holy Pentecost
God sent forth upon the disciples * gathered in the upper room * His divine Holy Spirit * in the form of fiery tongues * bestowing on them wisdom * that they might preach the * Gospel unto all nations.

All Saints (First Sunday after Pentecost)