Refrain:

And the Lord was awakened as one that sleepeth, and has arisen, saving us.

Verses:

(1) He smote His enemies upon their backs, reproach everlasting He gave to them.  (Psalm 77:71)

(2) He rejected the dwelling of Joseph, and He chose not the tribe of Ephraim.  (Psalm 77:72)

(3) He chose the tribe of Judah, Mount Sion which He loved.  (Psalm 77:73)

(Translation taken from "The Psalter According to the Seventy," Holy Transfiguration Monastery, Boston, MA, 1987)

**USAGE:** Holy Saturday
Alleluia B