

*Bright Friday*

# Most Holy Lady Theotokos of the Life-giving Spring

## Stichera at the Praises

Byzantine Chant Tone 2  
Special melody: *O house of Ephratha*

Adapted by Rassem El Massih

1) This wa - ter of the Spring is sav - ing for the suf - fring

and heal - eth all the ail - ing; so come, let us ap -

- proach it with faith and draw forth grace there - from.

2) Floods in - ex - haust - i - ble of cures are free - ly grant - ed

to them that come with long - ing to draw up from the

life - giv - ing well of the im - mor - tal Spring.

Bright Friday - Most Holy Theotokos of the Life-giving Spring - Stichera at the Praises - 2

*Verse:* The Most High hath hallowed His tabernacle.

3) Stained with the pas - sions' filth, come, let us seek the Vir - gin  
and wash a - way de - file - ments; the wa - ter of the  
Maid - en doth strength - en souls with grace di - vine.

*Verse:* The rushings of the river make glad the city of God.

4) From this un - fail - ing Spring now doth the sa - cred Ves - sel  
pour man - na in a - bun - dance to them that ask; let  
each one draw forth ac - cord - ing to his need.