Lenten Triodion
SECOND SUNDAY OF GREAT LENT: ST. GREGORY PALAMAS
Troparion (B)

Adapted by Christopher Holwey
from the music of Frederick Karam (1926-1978)

Based on Byzantine Chant - Tone 8

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O star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology,
Gregory the wonder-worker, the pride of Thessalonica

and preacher of grace, implore thou

constantly for the salvation of our souls.