1) Let us honor with hymns the wise Theopemptos and Theonas; for since they obeyed all the doctrines of Christ God, they nobly quelled all the worship of unlawful idolatry through the holy and august laws of worship in piety, as with bravery they confessed in the presence of the tyrants the one Lord and God of all things and from on high were awarded crowns.

January 5th
Martyrs Theopemptos, Bishop of Nicomedia and Theonas
Stichera at "O Lord, I have cried"

Byzantine Mode 4
Special Melody: As one valiant
Adapted by Dn. John El Massih

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Antiochian Orthodox Christian Archdiocese of North America, Rev. 0, 12/28/18, CAH
2) All the groveling care of life, all the comfort of pleasant things, every earthly glory which soon doth wither up did ye forsake as impermanent and clave wholly unto Christ, set a flame in great delight with His beauty and comeliness, O ye all-acclaimed; offered up as sweet roses, ye were crowned in God-like power with the crown of the Kingdom nothing can bring to nought.
3) Since ye hated the fallen world, ye were truly above the world, and unto the Church of the

First-born were ye joined; now with the Angels, ye

sing the song unmingled with earthly strains

and the everlasting hymn, as ye stand face to

face with God; and ye have destroyed the unlawful delusion of the idols and cast down the tyrants’

madness, by bravely striving in martyrdom.