1) First thou didst go from thy homeland in both thy heart and mind, and then by deeds confirming what in thought thou hast purposed, thou didst flee from pleasures and vain fleshly ease, blessed Xenia most venerable; and as a stranger, thou rankest straight in the course of the virtues' hard and steep ascents.

2) Coming to moor in the calm haven of the isle of God, thou passest through the surging of this world's raging billows, O modest one; and bringing the
ship of thy soul all unharmed by the bitterness

of carnal pleasures, O Xenia, thou dost remain

with thy mystic freight complete and whole.

3) Thou didst abide as a stranger in imitation of God, Who for our sakes descended unto us from the Heavens to raise them that were fallen; and thou wast unknown to thy kinsmen, and yet well-known unto the pious, as ever entreating God,

O wise Xenia, in behalf of all.

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