January 28th
Our Righteous Father Ephraim the Syrian
Stichera at "O Lord, I have cried"

Byzantine Chant Tone 1
Special Melody: Thou art the joy

1) Clearly reflecting the beauties of holy Paradise, and taking great delight in those immaculate meadows, thou didst bloom with knowledge of God for the world; as we richly partake thereof now in the spiritual faculty of our souls, we all flourish in the spirit, O Saint.

2) Thou didst describe in thy writings the coming of the Judge and taughtest all to kindle the lamps of their soul brightly with the streams of tears; and to

Used with permission. Text & music copyright, 2005. Holy Transfiguration Monastery, Brookline, MA. Antiochian Orthodox Christian Archdiocese of North America. Rev. 0, 1/10/2022, CAH
all, thou didst cry that the Bridegroom is drawing near:

Let us all put on a spotless and shining robe,

wherewith we may meet the Bridegroom Christ.

3) Fencing thy body about with unsparring abstinence, thou slewest all the movements of the passions, O Ephraim, in prayers and vigils. Hence, the Divine Spirit's might overshadowed thee mystically;

and thus, O Father, it made thee a spiritual luminary lighting all the world.