1) Having chosen hardships and ascetic struggles, thou
tookest flight to the mountains and dens of earth, O
Father Martinian; and departing far off,

thou didst make thy mind comely, cleansing it by thine ascents
and by divine visions coming from on high. Where-
on, thou didst become the Spirit's godly vessel and
dwelling-place by such means, O all-blessed one,

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2) Thou becamest both a voluntary martyr and
upright judge and accuser against thyself; for
set a flame with the fire of unseemly pleasure,
thou didst swiftly kindle a more intense and burning fire,
and, Father, enter'ring there-in, wast sorely burnt; but
then the Spirit's dew from Heaven came upon thee, re-
freshing thee; and the tempest that knew no bounds
was transformed to a tranquil calm.
3) Fleeing from the billows of the serpent, thou wentest off to dwell in the midst of the open sea; yet there did the enemy bring more snares upon thee, through her that was saved from the raging billows of the storm.

But thou, O Father, didst mount on briny beasts; and thou didst come again unto dry land to finish thy contest there, in afflictions and wanderings,

O God-bearer exceeding blest.