March 8th
Venerable Theophylact the Confessor, Bishop of Nicomedia
Stichera at "O Lord, I have cried

Byzantine Chant Tone 1
Special melody: O all-lauded Martyrs
Adapted by Dn. John El Massih

1) Though kept in a prison under guard, thou wast guarded from all harm by God, O Father Theophylact; and thou wast seen to be an unshaken tower of the Church, while standing firm, unbending in temptations and all the plots that heretics devised. Intercede now with the Lord our God that He grant peace and Great Mercy to our souls.
2) departing from earth, thou didst ascend unto heaven, and in heavenly tabernacles wast thou accounted worthy to abide

for the sake, O Father, of the exiles thou didst bear

with bravery and patience for Christ our God, O blest Theophylact; and do thou now intercede with Him

that He grant peace and Great Mercy to our souls.
3) As far as is possible for man, thou now seest God while seen of Him, enjoying a union with Him closer and more great;

made God by adoption, thou with infinite delight

hast found that which alone is desirable and blessed, as thou now dwellest with the Angels in the heights,

O wise Hierarch, blest Father Theophylact.