1) Though thy body, which had been defiled with reckless abandon, hindered thee from vision of the august and holy things thou didst long to see, yet did thy consciousness and thy clear perception of the deeds that thou hadst done before graciously work a turn in thee for the better, O godly-wise; for when thou hadst looked on the pure icon of the blest Mother of our God,
thou, on passing judgment against thyself for all thy former sins, didst freely worship the precious Wood,

Mary, who art praised of all.

2) Worshipping with joy of heart the places haloed by Christ God, in thyself thou didst receive a saving viaticum for the virtues' path;

filled with zeal and good cheer, thou didst run the good course;

and on crossing past the Jordan's streams,

thou dwelt-est eagerly where the holy Baptist had lived before.
And by thy righteous way of life,
thou didst tame the passions ferocity,
godly-minded Mary, our Mother ever-mem’rable in truth; for thou hadst quelled with thine abstinence all the tumults of the flesh.

3) Dwell-ing in the wilderness, thou didst religiously blot out from thy soul the images of thy passions, and with all virtues and travails, didst inscribe in thy soul that most God-like image;
and thou shon - - - est so ex - ceed - ing - ly

that thou didst light - ly walk on the ver - y wa - ters with nim - ble step;

and thou wast lift - ed in the air
dur - ing thine en - treat - ies and prayers to God.

All - glo - ri - ous Mar - - - - y, as thou with bold - ness

now dost stand be - fore the Sav - ior Christ, do thou fer - vent - ly

pray Him in our_ souls'_ be - half.