

June 8th

Recovery of the Relics of Theodore the Commander

Stichera at "O Lord, I have cried"

Byzantine Mode 4

Special Melody: *As one valiant*

Adapted by Fr. John El Massih

E Un.



1) An in - vin - ci - ble man of — war and an ath - lete of

no - ble mind in the Ho - ly Spir - it wast

thou re - vealed to be, when with thy wis - dom of

speech and — show of man - li - ness in thy deeds

thou didst hurl thē en - e - my down in ru - in and

full de - feat. Hence, thou hast re - ceived crowns of tri - umph and

G

thou hast been u - nit - ed to the com - pan - ies of

E

Heav - en, O boast of Mar - tyrs, wise The - o - dore.

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E Un.

2) Thou wast lift - ed up - on a___ cross; thou wast beat - en up -

E

- on thy flesh; thou with sharp - ened ar - rows wast

wound - ed through and through; and thou wast stretched out up -

- on a___ post and scraped___ sore - ly on thy sides;

yet while com-passed round a - bout with all man - ner of

griev-ous pain, thou wast seen to be free of harm___ and un -

G

- con - quered through the pow - er of Him nailed to the di -

E

- vine___ Cross, O boast of Mar - tyrs, wise The - o - dore.

E Un.

3) Thou be - cam - est a ver - i - ly god - ly im - age of

E

pi - e - ty, hat - ing all thē im - ag - es

of thē im - pi - ous and pure - ly brought - est thy -

- self as an ac - cept - a - ble of - fer - ing

and a whole-burnt sac - ri - fice to Him sac - ri - ficed

for thy sake, Who hath glo - ri - fied this, thy most ho - ly

G

feast and giv - en thee as a great treas - ur - y of

E

won - ders un - to the world, O blest The - o - dore.