

July 5th

# Venerable Athanasius the Athonite

## Stichera at "O Lord, I have cried"

Byzantine Tone 2

Special Melody: *With what fair crowns*

Arranged by Basil Crow

1) What \_\_\_\_\_ hymns and \_\_\_\_\_ sweet - ly - sung \_\_\_\_\_ songs \_\_\_\_\_

of \_\_\_\_\_ praise shall we of - fer \_\_\_\_\_ di - vine \_\_\_\_\_

Ath - a - na - sius, who was fair a - dorned \_\_\_\_\_ with all right - -

- eous \_\_\_\_\_ deeds and rich - ly flour - ished in ev - - -

- 'ry \_\_\_\_\_ grace that pour - eth in streams from \_\_\_\_\_ the \_\_\_\_\_

di - vine \_\_\_\_\_ light; that sword \_\_\_\_\_ which cut through the pas - sions'

fu - ry and \_\_\_\_\_ as - saults; that pil - lar

which shone like light - ning with \_\_\_\_\_ di - vine \_\_\_\_\_ vi - sion;

The musical score is written on a single staff in G major (one sharp) and 4/4 time. It features a variety of note values including quarter, eighth, and sixteenth notes, as well as rests. Chord symbols (Un., G, F, E) are placed above the staff to indicate the harmonic structure. The lyrics are written below the staff, with hyphens indicating syllables that span across multiple notes. The piece concludes with a final cadence on a G note.

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July 5th - Athanasius the Athonite - Stichera at "O Lord, I have cried" - 2

*G* *E* *Un.* *F* *G*  
 that lamp of tem - p'rance and fast - ing, which up - on the

*E* *Un.*  
 lamp - - - stand of his soul shone forth bright - ly with

*G* *F* *G*  
 the ho - ly de - crees and laws of

*Un.* *G*  
 God, Who be - stow - eth life on all.

<sup>13</sup> *Un.* *G* *Un.* *E*  
 2) We who are vain and vile, with

*G* *Un.* *E*  
 what wreaths wrought of words shall we crown

*Un.* *G*  
 Ath - a - na - sius, that swift fal - con pierc - ing thē up - - -

*F* *G* *Un.* *E*  
 - per air, lift - ed to Heav - en while soar -

July 5th - Athanasius the Athonite - Stichera at "O Lord, I have cried" - 3

- ing up on God - giv - en wings of mys -

- tic vi - sion; that firm and un-yield-ing tow - er

of hu - mil - i - - ty; the ram - part

of true dis - cre - tion nev - er breached or moved;

the state-ly gem and the beau - ty of the mor - al

or - - - der; who doth in - ter - cede with Christ God,

thē on - ly Com - pas - - - sion - - - ate, in

prayer for his chil - dren in the Lord.

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July 5th - Athanasius the Athonite - Stichera at "O Lord, I have cried" - 4

25 *Un.* *G* *Un.* *E*

3) Thou wast a morn whose light nev - - -

*G* *Un.* *E*

- er ceased, right-eous Fa - ther, di - vine

*Un.* *G* *Un.*

Ath - a - na - sius; and them that were blind with the pas - - -

*F* *G* *Un.* *E*

- sions' gloom, thou drew-est un - - - to un - wan -

*G* *F* *Un.* *E*

- ing light with thy shin-ing bea - con - fire

*Un.* *G*

of grac - es; and so when thou hadst in - creased the

*F*

tal - ent giv - en thee, Christ showed thee

*G* *F*

to be a heal - er of af - flict - ed souls,

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July 5th - Athanasius the Athonite - Stichera at "O Lord, I have cried" - 5

who with the sword of thy counsels cut-test out the  
fes - - - ter of in - cur - a - ble sores and wounds,  
while giv - ing a sav - - - ing health to  
all them that draw nigh un - - - to thee.