Venerable Lampados of Irenoupolis

Stichera at "O Lord, I have cried" **Byzantine Chant Tone 8** Adapted by Dn. John El Massih from various sources Special melody: O strange wonder D \mathbf{C} 1) O thrice bless - ed Fa - ther Lam - pa - dos, with earn - est God and la in prayer. un to great bors $\mathbf{G}\!\!\downarrow$ \mathbf{C} $\mathbf{G}\!\!\downarrow$ nal mind didst ab sti - nence, thou put the car thē jec tion to thy soul; and with in un $\mathbf{G}\!\!\downarrow$ All 1y Spir gift of ho it's grace,











