

July 23rd  
**Hieromartyr Phocas, Bishop of Sinope**  
**Translation of His Relics**  
**Stichera at "O Lord, I have cried"**


Byzantine Chant Tone 1  
Special Melody: *Thou art the joy*

**D**



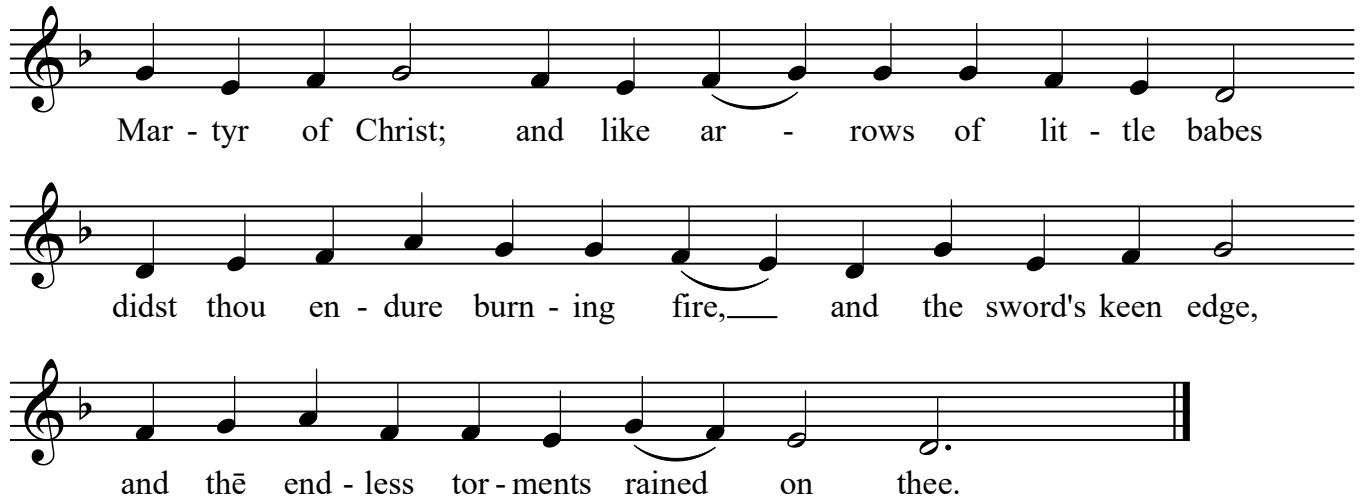
1) Since he hath filled\_\_ up the wine - bowl of his mar -  
- tyr - ic blood, Christ's ho - ly Mar - tyr Pho - cas pour - eth  
cures on the faith - ful; and driv - ing off dis - eas - es, he  
call - eth all men with his mar - tyr - dom's lof - ty voice:  
All ye that thirst, come with faith,\_\_ and ye shall en - joy  
ho - ly riv - ers of the gifts\_\_ of God.

**D**



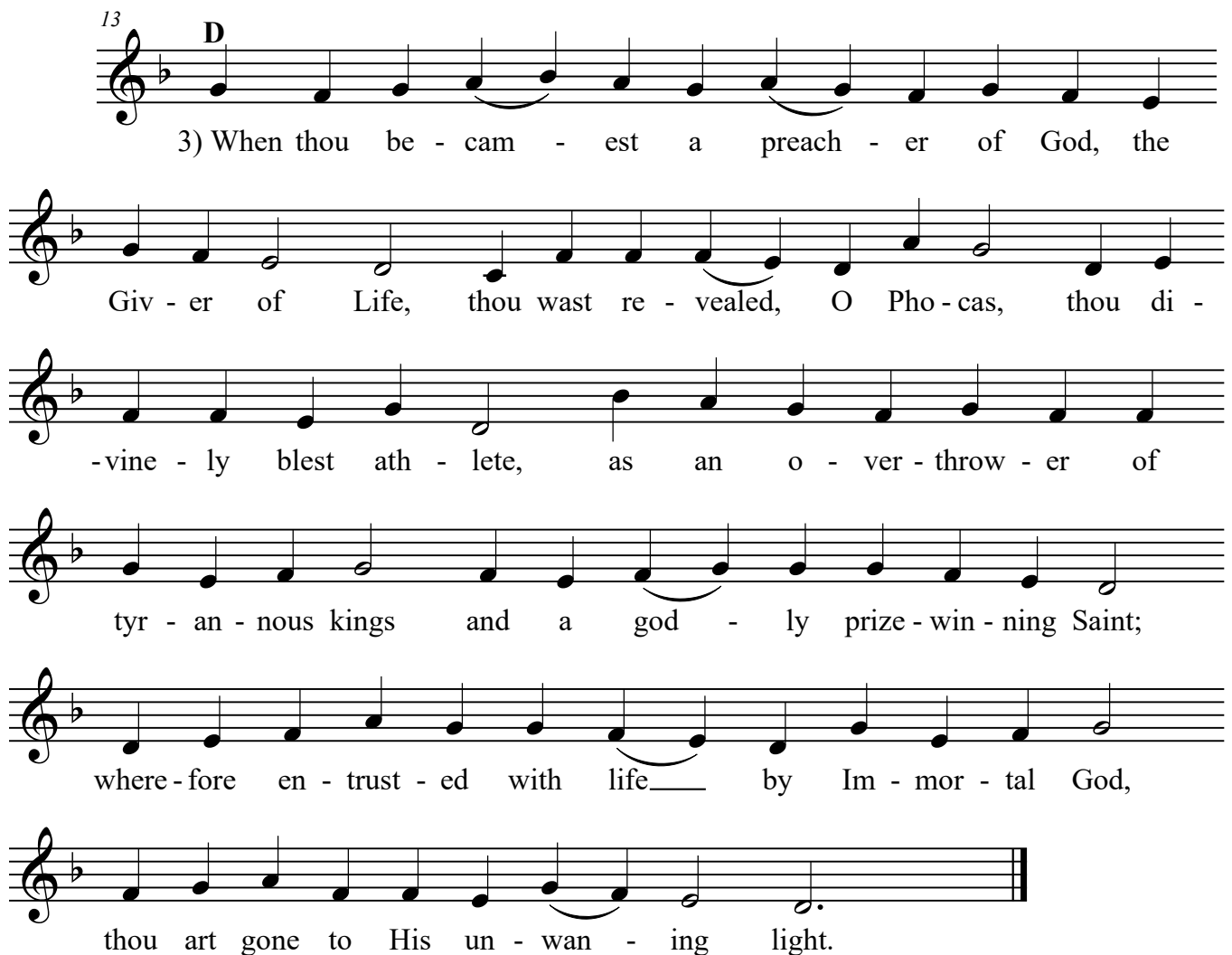
2) That god - less er - ror, the trou - bled be - lief in  
man - y gods, thou with di - vine\_\_ de - fi - ance and the  
Trin - i - ty's pow - er didst put to flight, O Pho - cas, thou

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Mar - tyr of Christ; and like ar - rows of lit - tle babes  
didst thou en - dure burn - ing fire, — and the sword's keen edge,  
and thē end - less tor - ments rained on thee.

13 **D**



3) When thou be - cam - est a preach - er of God, the  
Giv - er of Life, thou wast re - vealed, O Pho - cas, thou di -  
-vine - ly blest ath - lete, as an o - ver - throw - er of  
tyr - an - nous kings and a god - ly prize - win - ning Saint;  
where - fore en - trust - ed with life — by Im - mor - tal God,  
thou art gone to His un - wan - ing light.