July 23rd

Hieromartyr Phocas, Bishop of Sinope
Stichera at "O Lord, I have cried"

1) Since he hath filled up the wine-bowl of his martyr blood, Christ's holy Martyr Phocas pours forth man-y gods, thou with di-vine de-fi-ance and the Giver of Life, thou wast re-vealed, O Phocas, thou did-ty for all men with his martyrdom's lofty voice; Martyr of Christ; and like ar-rows of little babes tyr-an-nous kings and a god-ly prize-win-ning Saint; All ye that thirst, come with faith and ye shall en-joy didst thou en-dure burn-ing fire and the sword's keen edge, where-fore en-trust-ed with life by Im-mor-tal God, ho-ly riv-ers of the gifts of God. and the end-less tor-ments rained on thee. thou art gone to His un-wan-ing light.

Byzantine Chant Tone 1
Special Melody: Thou art the joy

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