August 1st
The Procession of the Precious Cross
Stichera at "O Lord, I have cried"

Byzantine Mode 4
Special Melody: As one valiant
Adapted by Dn. John El Massih

1) Let us welcome the precious Cross as our common means
   of defense and a fount of sanctification for us all; for it doth quiet all
   sufferings and endeth all sicknesses
   and doth rescue from all pains those in weariness
   and distress; for it poureth forth floods of wonders surpassing any sea for them that bow in faith to
   worship the great and glorious sign thereof.

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2) As we mortal men sail upon the tempestuous waves of life and are tossed about in the passions' raging storm, with faith, come, let us take refuge in the precious and honored Wood as the ship that saveth souls, for it quickly shall still the waves and the bois'trous winds; it shall cleave through the passions, and we all shall reach the haven of salvation in deep tranquility, full of joy.
3) The all holy and saving Cross hath shone forth brighter than the sun, shedding mighty miracles as resplendent rays and wondrous healings as beams of light. Ye men, let us all draw nigh, we who ever are oppressed with the darkness of sufferings; for we shall receive the illuminating grace of cures and healings as we magnify the Lord God, Who once was nailed to it in the flesh.