

October 29th

Venerable Martyr Anastasia the Roman

Stichera at "O Lord, I have cried"

Byzantine Mode 4
Special Melody: *As one valiant*

Adapted by Dn. John El Massih

E **Un.**

1) With great cour - age didst thou en - dure as thy bod - y was
sharp - ly racked, as thy breasts and hands were most
ruth - less - ly cut off, and as thy teeth were up -
root - ed and thy feet sev - ered pain - ful - ly,
as thy sides were seared with fire, and at last, suf - fring
un - just death. Hence, thou hast re - ceived crowns of vic - t'ry, and
now thou dost a - bide in the ce - les - tial bri - dal
cham - ber, O An - a - sta - sia, much suf - fring Saint.

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9 **E** **Un.**

2) O in - vi - o - late bride of Christ, as the gem of vir -

- gin - i - ty, as the liv - ing im - age and

pat - tern un - to all wom - en as - cet - ics, a

Par - a - dise en - closed, as a god - ly shrine,

as a sa - cred of - fer - ing and the Mar - tyrs' fair

or - na - ment and a gush - ing spring pour - ing riv - ers of

heal - ings hast thou been re - vealed to all who keep thy

mem - 'ry, O An - a - sta - sia, ex - tolled of all.

17 **E** **Un.**

3) Let us all praise with ea - ger - ness thē a - dorn-ment of

mar - tyred Saints and the flow'r of vir - gins, that

great - est or - na - ment of all the just, An - a -

- sta - sia, the con - tend - er in man - y fights,

that re - splend-ent boast of Rome, the de - light - ful and

un - de - filed sac - ri - fice to God, thē un - shake - a - ble

G

ground - work of true pi - e - ty who no - ta - bly con -

E

-tend - ed in ho - ly strug - gles of mar - tyr - dom.