

November 18th

# Martyr Romanos of Antioch

## Stichera at "O Lord, I have cried"

Byzantine Mode 4  
Special Melody: *As one valiant*

Adapted by Dn. John El Massih

The musical score is written on a single treble clef staff. It begins with a key signature of one flat (B-flat) and a common time signature. The melody is marked with 'E' and 'Un.' above the staff. The lyrics are written below the staff, with hyphens indicating syllables that span across multiple notes. The score consists of eight lines of music, each with a corresponding line of lyrics. The final line of music ends with a double bar line.

1) In the fire of as - cet - ic\_\_feats, thou wast tem - pered as  
hard as steel then in val - iant con - test wast  
fur - nished with an edge; and bright - ly pol - ished in  
tor - ments, thou be - cam - est a two - edged sword  
cut - ting down the de - mons' troops, O all - laud - a - ble  
Ro - ma - nos, fair em - bel - lish - ment of Christ's ath - letes, the  
god - ly boast and glo - ry of the ho - ly Church, the  
beau - ty of those per - fect - ed in their own blood.

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E Un.

2) Thou wast hung up and sore - ly\_\_ scraped and con - fined in im -

E

- pris - on - ment, and thou wast be - reaved\_\_ of thy

tongue, O Ro - ma - nos; then thou wast beat - en up -

- on thy\_\_ cheeks and stran - gled with vi - o - lence,

find - ing thus a bless - ed end; through which things,\_\_ thou didst

prove to be nei - ther change - a - ble nor brought low,\_\_ O prize -

G

- win - ner, be - ing aid - ed by the Ho - ly Spir - it's

E

pow - er; where - fore we faith - ful - ly hon - or thee.

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3) Now with pow - er a child doth speak and as - ton - ish - eth



sense - less men, and he is made fair with re -



- sis - tance most de - vout; and be - ing slain, he doth



shine with the rich glo - ry and good re - port



of thē ath - letes' ho - ly choirs, whose great zeal he him -



- self ac - quired; where - fore, with him now make en - treat - y that



loos - ing of our debts be sent up - on us all from



Heav - en, no - ble and praise - wor - thy Ro - ma - nos.