

November 29th

Martyr Paramonos and the 370 Martyrs in Bithynia

Stichera at "O Lord, I have cried"

Byzantine Chant Tone 4

Special melody: *Thou who wast called from on high*

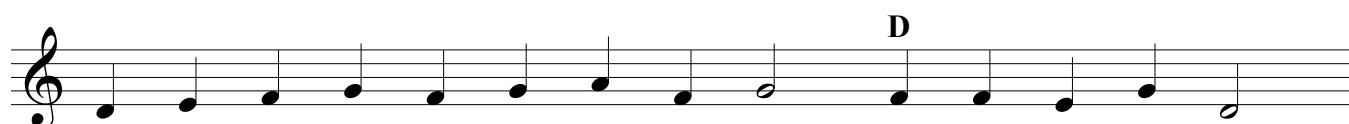
Adapted by Dn. John El Massih



1) Bright-ly a - blaze with the clear il - lu - mi - na - tions



of the Ho - ly Spir - it, O di - vine Par - a - mon - os,



thou didst com - plete - ly a - bom - i - nate that deep - est dark - ness



of man - y gods; and thou of thine own ac - cord



no - bly went - est forth to seize thē op - por - tu - ni - ty



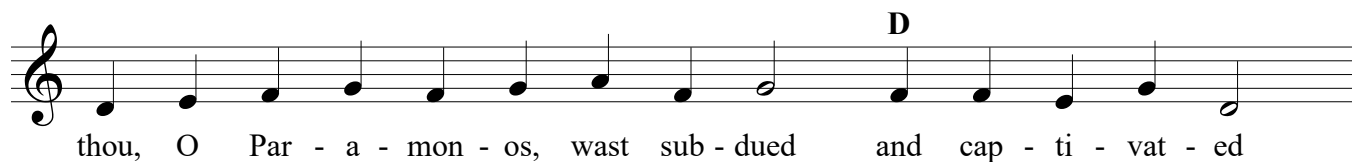
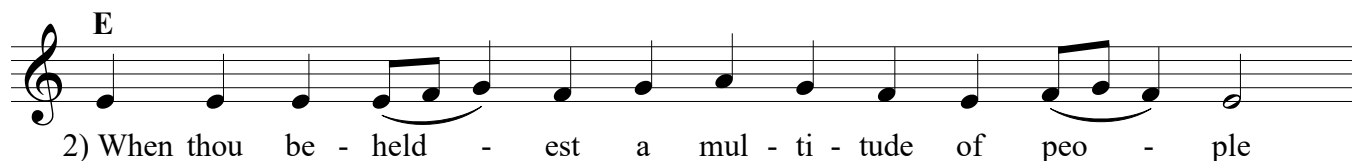
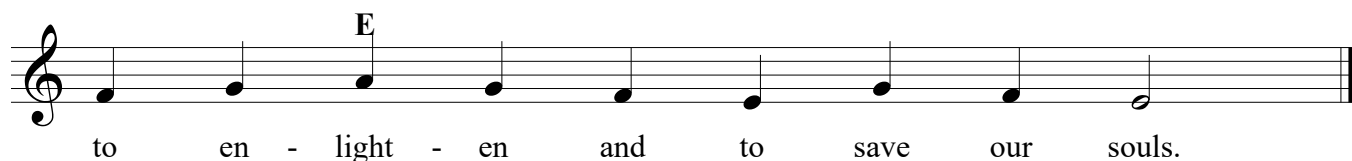
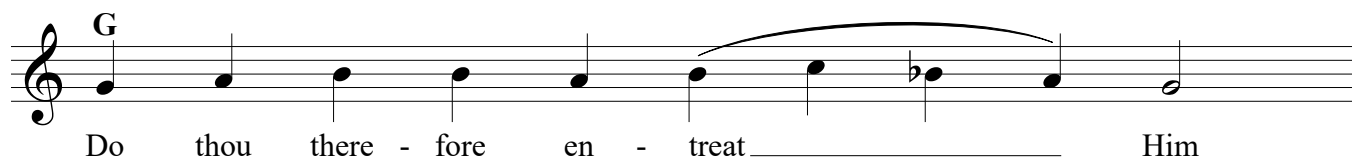
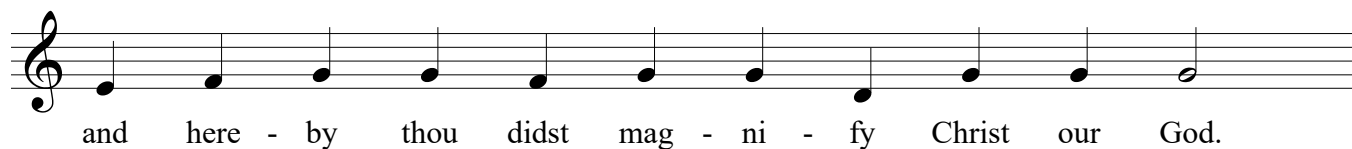
for fights and con - tests that lay at hand, O bless - ed Mar - tyr;



and as a vic - tor thou threw - est to the ground




that boast - ful fraud, the foe of mor - tal men,




November 29th - Paramonos et al - Stichera at "O Lord, I have cried" - 3

E

 now to be sac - ri - ficed like a guile - less lamb.


D

 Hence, tar - ry not, for sore - ly I de - sire


to be - come an ac - cept - a - ble of - fer - ing

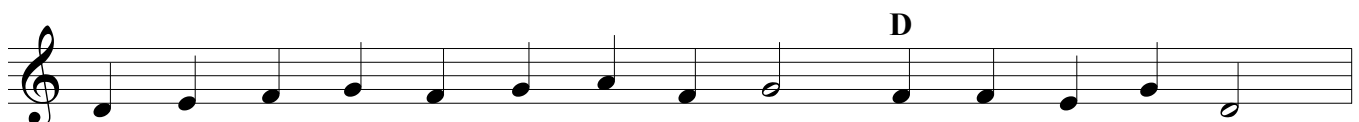
G

 un - to Him Who for my sake

E

 in the flesh was of - fered will - ing - ly.

E

 3) The hon - ored cho - rus of tro - phy - bear - ing ath - letes

G E

 num - ber - ing three hun - dred Mar - tyrs with three score and ten,

D

 by strength of faith van - quished and de - stroyed the wretch - ed er - ror

E

 of the trans - gres - sors that wor - shipped man - y gods.

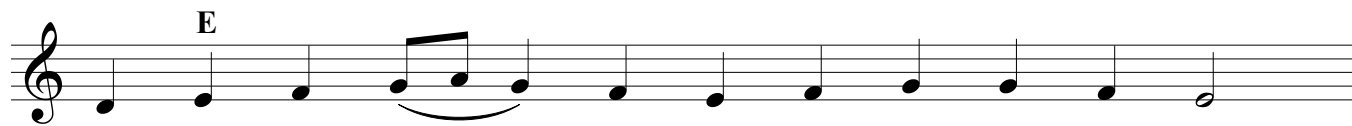
November 29th - Paramonos et al - Stichera at "O Lord, I have cried" - 4

G

 With them thou wast al - so crowned, O blest Par - a - mo - nos,

D

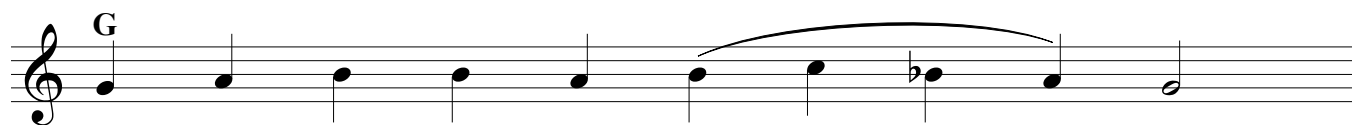
 when thou hadst striv - en cou - ra - geous - ly; and thou in glad - ness


E

 wast num - bered with _____ thē an - gel - ic choirs on high.

D

 With them, be - seech _____ that we might be re - deemed

from temp - ta - tions, af - flic - tions, and ev - 'ry woe,

G

 as we loud - ly ex - tol _____ thee

E

 and sin - cere - ly call thee blest of God.