

Lenten Triodion

1st Sunday of Lent, Sunday of Orthodoxy Evening

Stichera at "O Lord, I have cried"

Byzantine Chant Tone/Mode 4  
Special Melody: *Unto them that fear thee*

Adapted by Dn. John El Massih

The musical score is written on a single treble clef staff with a key signature of one flat (B-flat). It consists of eight lines of music, each with a corresponding line of lyrics. The notes are primarily quarter and eighth notes, with some rests and slurs. Above the staff, the letters 'E', 'Un.', and 'G' are placed above specific notes, likely indicating the mode or tone. The lyrics are: 1) Free - ly give com - punc - tion and com - plete es - trange - ment from e - vil things and cor - rec - tion of all my ways to me that am sunk - en deep in the car - nal pas - sions and am gone a - far off from Thee, O God, Thou King of all, and from no quar - ter have an - y kind of hope. But in Thy wealth of good - ness and Thy kind - ness, save me, the pro - di - gal, O Al - might - y Lord Je - sus Christ, Thou di - vine Sav - ior of our souls.

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2) Pu - ri - fied by fast - ing, — Mo - ses the most mar - vel - ous

clear - ly saw Him for Whom he longed ar - dent - ly. So

thou, O my low - ly soul, em - u - late him wise - ly,

striv - ing to be pu - ri - fied in this day of ab - sti - nence

from ev - 'ry e - vil, so that thou might - est see the

Lord giv - ing thee par - don and for - give - ness, grace and de -

- liv - er - ance, in that He is su - preme - ly good,

thē Al - might - y and Friend of man.