

From the Triodion
2nd Thursday of Lent
Stichera at "O Lord, I have cried"

Byzantine Chant Tone/Mode 4
Special Melody: *Unto them that fear thee*

Adapted by Dn. John El Massih

E Un. E

7) Riv - en in Thy side and hang - ing on the Tree of the

Un. E

ho - ly Cross, Thou didst make life flow forth to me who

G E

ful - ly was put to death when, through ser - pent's mal - ice,

I ate of the tree. Hence, I glo - ri - fy Thee, O Christ God,

and I en - treat Thy com - pas - sion: Show me forth a

wor - ship - per both of Thy Pas - sion and A - ris - ing, who

G E

ful - ly ran the whole course of the blame - less Fast

with com - punc - tion of heart and mind.

From the Triodion - 2 Thursday of Lent - Stichera at "O Lord, I have cried" - 2

E Un. E

6) When the first - formed man reaped end - less grief and mis - er - y

Un. E

from the tree, Thou didst drive him from Par - a - dise; but

G E

when Thou, as man, wast nailed to the Tree, O Sav - ior,

Thou didst make him dwell there a - gain. And hence I cry to Thee:

O my Re - deem - er, now save me from my woes and

make me clean through fast - ing, through sin - cere re - pen - tance and

G E

fer - vent tears, Je - sus, Thou Who art more than good,

the di - vine Sav - ior of our souls.