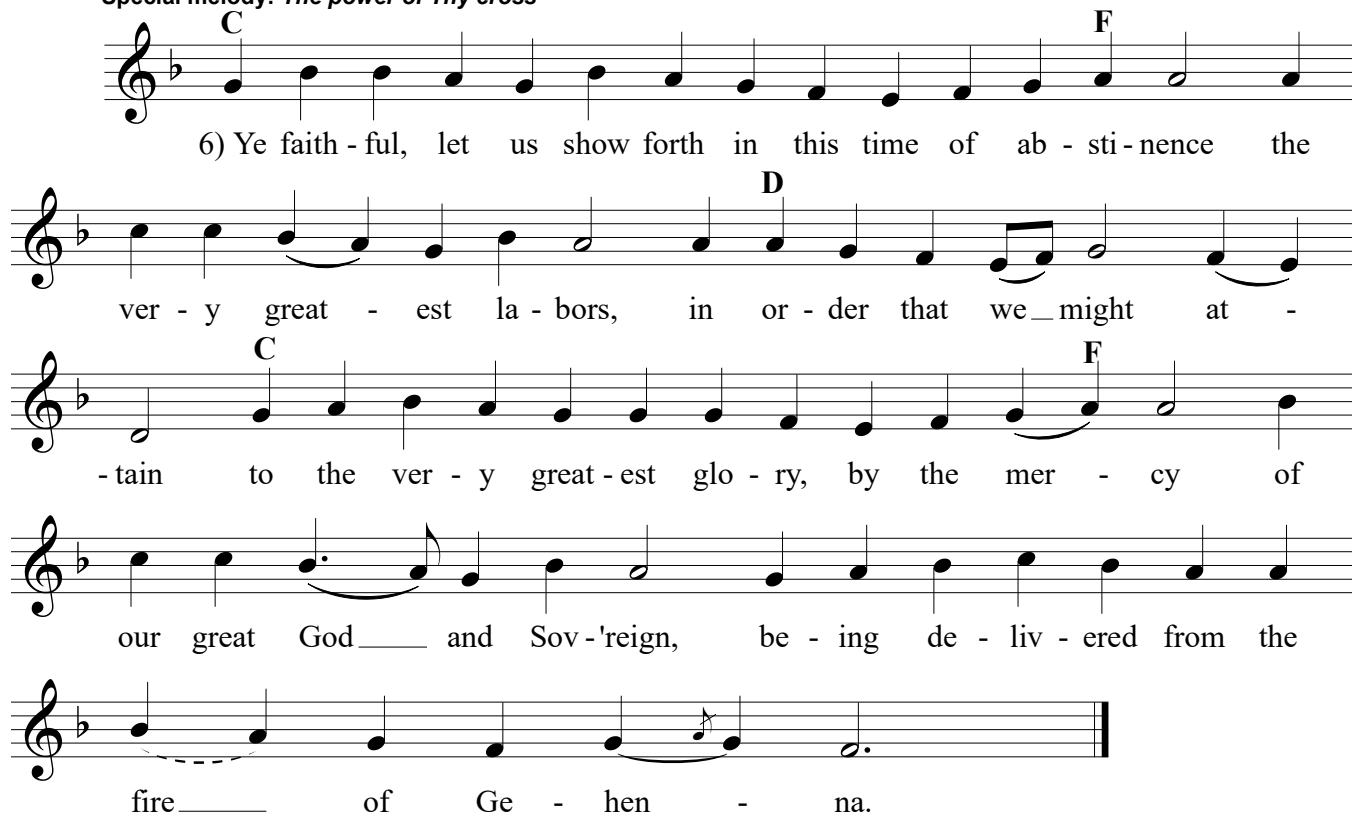


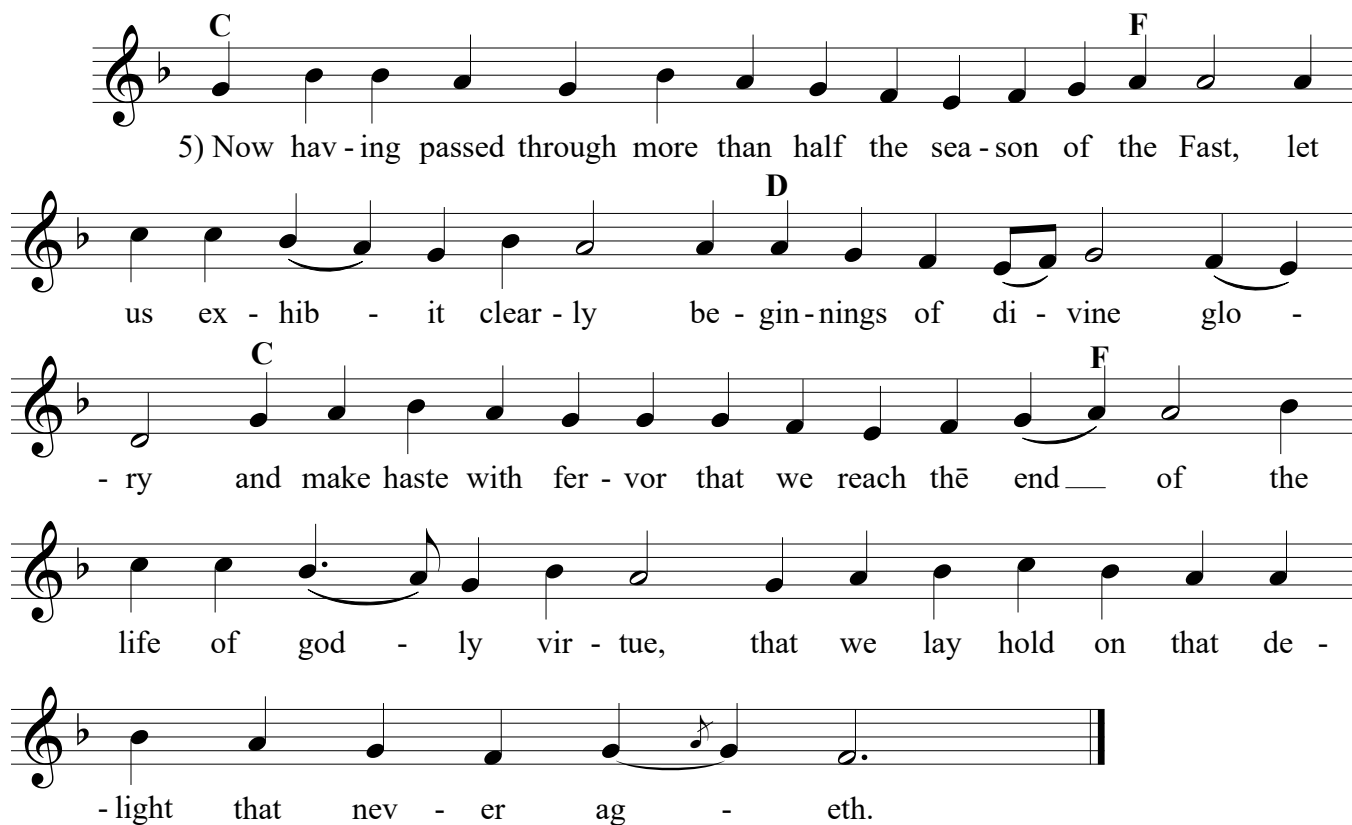
Lenten Triodion
4th Sunday Evening of Lent
6th & 5th Stichera at "O Lord, I have cried"

Byzantine Chant Tone 3

Special melody: *The power of Thy cross*



6) Ye faith - ful, let us show forth in this time of ab - sti - nence the
ver - y great - est la - bors, in or - der that we might at -
tain to the ver - y great - est glo - ry, by the mer - cy of
our great God and Sov - reign, be - ing de - liv - ered from the
fire of Ge - hen - na.



5) Now hav - ing passed through more than half the sea - son of the Fast, let
us ex - hib - it clear - ly be - gin - nings of di - vine glo -
ry and make haste with fer - vor that we reach the end of the
life of god - ly vir - tue, that we lay hold on that de -
light that nev - er ag - eth.

Translation taken from *The Triodion*, copyright © 2021.

Music copyright © 2005 Holy Transfiguration Monastery, Brookline, MA, used with permission. All rights reserved.
Antiochian Orthodox Christian Archdiocese of North America, Rev. 0, 3/11/2022, CAH