6th & 5th Stichera at "O Lord, I have cried"

**Lenten Triodion**

**4th Sunday Evening of Lent**

Byzantine Chant Tone 3

Special melody: The power of Thy cross

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6) Ye faith ful, let us show forth in this time of ab sti nence the

ver y great est la - bors, in or der that we might at

tain to the ver y great est glo - ry, by the mer cy of

our great God and Sov 'reign, be - ing de liv er ed from the

fire of Ge hen na.

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5) Now hav ing passed through more than half the sea - son of the Fast, let

us ex hib - it clearly be - gin nings of di - vine glo -

ry and make haste with fer - vor that we reach the end of the

life of god - ly vir tue, that we lay hold on that de -

light that nev er ag - eth.

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