

From the Menaion
I Alone Am Caught in Sin
Theotokion

Byzantine Tone 6/Plagal Second Mode
Special Melody: *Having laid up all their hope*

I a - lone am caught in sin a - bove all chil - dren of

Ad - am; I a - lone, the mis - 'ra - ble,

have com - mit - ted wick - ed deeds all un - speak - a - ble,

whol - ly un - bear - a - ble to be heard or ut - - - tered;

but I pray thee, pure one, par - don me,

La - dy, for - give me all, grant-ing me re - pen - tance be - fore thē end,

and grant con - fes - sion un - to me,

grant me heart - felt groan - ing and streams of tears,

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that ev - er af - flict - - - ing my heart, I thus might
cry out: I have sinned, O I have sinned; be com - pas - sion - ate,
save me in thy_ sym - pa - thy.