

From the Menaion
Since Through Mine Own Sloth

Theotokion

Byzantine Chant Tone 4

Special melody: *Thou who wast called from on high*

Adapted by Dn. John El Massih

E

Since through mine own sloth and care - less - ness, O Vir - gin,

G **E**

I am fal - len mis - 'ra - bly to depths of man - y sins,

D

and I, the wretch, am in mis - er - y and am af - flict - ed

E

with sore de - spair and dis - mayed per - plex - i - ty:

G **E**

Be to me a source of mer - cy and a read - y help

D

and my sal - va - tion, O spot - less one; and I be - seech thee

E

and ask with long - ing that thou be - stow on me

D

thy gra - cious con - so - la - tion from on high;

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and I fall down be - fore thee and cry with faith:

G
May I not be for - sak - - - en to thē

E **Un.**
en - e - my's ma - lig - nant joy.

The musical score is written on three staves. The first staff begins with a treble clef and a key signature of one flat (B-flat). The melody consists of a series of quarter notes: G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. The lyrics 'and I fall down be - fore thee and cry with faith:' are aligned under the notes. The second staff begins with a treble clef and a key signature of one flat. It starts with a G chord symbol above the first note. The melody continues with quarter notes: D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. The lyrics 'May I not be for - sak - - - en to thē' are aligned under the notes. The third staff begins with a treble clef and a key signature of one flat. It starts with an E chord symbol above the first note. The melody continues with quarter notes: D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. The lyrics 'en - e - my's ma - lig - nant joy.' are aligned under the notes. A fermata is placed over the final note, C4. A 'Un.' (Unison) instruction is placed above the final note. The piece ends with a double bar line.