Psalm 140

Byzantine Tone 6

Byzantine Orthodox Christian Archdiocese 10/14/02 Rev. 0 MK

Basil Kazan (1915 - 2001)

Slow

O Lord, I have cried out unto thee.

Hear thou me.

Lord.

O Lord, I have cried out unto thee.

Hear thou me.

Give ear to the voice of my supplication, when I cry out unto thee.

Hear thou me, O Lord.

Let my pray'r be set forth before thee as the incense, and the lifting
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up of my hands as the evening sacrifice. Hear thou me,

O Lord. Set a watch, O Lord, before my mouth, and a protecting door about my lips.

Incline not my heart to evil words, to make excuses in sins... with men that work iniquity, and I will not communicate with the choicest of them.

The just man shall correct me in mercy and shall remove me, but let not the oil of the sinner anoint my head,
for my pray'r also shall still be against the things with
which they are well pleased. Their judges falling upon the rock have been swallowed up. They shall hear my
words for they are sweet. As when the thickness of the earth is broken up upon the ground, their bones are scattered by the side of hell.
But to thee, O Lord, Lord, are mine eyes. In thee have I put my trust. Take not away my soul.
Keep me from the snare which they have laid for me, and the traps of the workers of iniquity. Let the wicked fall into their
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I cried unto the Lord with my voice. With my voice unto the Lord did I make my supplication.

I poured out my supplication before him. I showed before him my trouble.

When my spirit was overwhelmed within me, then thou knewest my path. In the way wherein I walked have they secretly laid a snare for me.

I looked on my right hand and beheld, but

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own nets, while I alone escape.
there was no one that would know me.

Refuge failed me. No one cared for my soul.

I cried unto thee, O Lord. I said, Thou art my refuge and my portion in the land of the living.

Attend unto my cry, for I am brought very low.

Deliver me from my persecutors, for they are stronger than I.

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**VERSE 1**

Bring my soul out of prison that I may praise thy name.

**STICHERON 1**

O Christ, Possessor of victory over hades,

thou hast ascended the cross that thou might-est raise with thee

those who sit in darkness. O free among the dead,

flowing with life from thine own light, O almighty Saviour, have mercy upon us.

**VERSE 2**

The righteous shall wait for me, until thou reimburse me.

**STICHERON 2**

Today hath Christ trodden down death and hath risen as he said. He hath given
joy to the world that we might all shout in praise: O Fountain of life, O unapproachable Light, and almighty

VERSE 3

Saviour, have mercy upon us. Out of the depths have I cried unto thee, O Lord. Lord, hear my voice.

STICHERON 3

O Lord, who art in all creation, whither shall we sinners flee from thee, to heaven, for thou dwell est there, or to hades, for there thou art the Trampler of death, or to the depths of the sea, for there is thy hand, O Master? In thee, therefore, seek we
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VERSE 4
Let thine ears be attentive to the voice of my suppllication. In thy cross, O Christ, do we glory,
and thy resurrection do we praise and glorify, for thou art our God, and beside thee we know no other.

VERSE 5
If thou, O Lord, should'st mark iniquities, O Lord, who shall stand, for with thee there is forgiveness.

STICHERON 5
The Lord we bless
VERSAL

always and praise his resurrection, for in submitting to crucifixion for our sakes,

he hath shattered death by death.

VERE 6

Because of thy name have I waited for thee, O Lord. My soul hath waited upon thy word. My soul hath hoped in the Lord.

STICHERON 6

Glory to thy might, O Lord, for thou hast put a

stop to the possessor of the might of
death, and hast renewed us by thy cross, bestowing on us

life and incorruptibility.

VERSE 7

From the morning watch until night, from the morning watch let

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Is - ra - el trust in the Lord.

STICHERON 7
Thy bur - i - al, O Lord, hath torn and crushed the bonds of had - des
and thy res - ur - rec - tion from the dead did il - lu - mi - nate the
world. Where - fore, O Lord, glo - ry to thee.

Here end the first seven verses and resurrection stichera. When required, this is followed by verses eight, nine, ten and the three stichera for the saint of the day. When these are not sung, go directly to "Glory to the Father ......... "
VERSE 8

For with the Lord there is mercy and with him is abundant redemption and he will deliver Israel from all his iniquities.

Now sing the first sticheron for the saint, then Verse 9.

VERSE 9

Praise the Lord, all ye nations. Praise him all ye people.

Now sing the second sticheron for the saint, then Verse 10.

VERSE 10

For his mercy is great t'ward us, and the truth of the Lord endureth for ever.

Now sing the third sticheron for the saint, then "Glory ......"