Psalm 140
Tone 7
Basil Kazan

Quickly

Set a watch, O Lord, before my mouth, and a protecting door about my lips. Incline not my heart to evil words, to make excuses in sins...

...with men that work iniquity, and I will not communicate with the choicest of them.

The just man shall correct me in mercy and shall reprove me, but let not the oil of the sinner—aoint my head, for my pray'r also shall still
be against the things with which they are well pleased. Their judges falling upon the rock have been swallowed up.

They shall hear my words for they are sweet. As when the thickness of the earth is broken upon the ground, their bones are scattered by the side of hell. But to thee, O Lord, Lord, are mine eyes. In thee have I put my trust. Take not away my soul.

Keep me from the snare which they have laid for me, and the traps of the workers of iniquity.

Let the wicked fall into their own nets, while
I alone escape. I cried unto the Lord with my voice. With my voice unto the Lord did I make my supplication. I poured out my supplication before him. I showed before him my trouble. When my spirit it was over-whelmed within me, then thou didst know my path. In the way wherein I walked have they secretly laid a snare for me. I looked on my right hand and beheld, but there was no one that would know me. Refuge failed.
me. No one cared for my soul.

I cried unto thee, O Lord. I said, Thou art my refuge and my portion in the land of the living.

Attend unto my cry, for I am brought very low.

Deliver me from my persecutors for they are stronger than I.
VERSE 1

Bring my soul out of prison that I may praise thy name.

STICHERON 1

Come, let us rejoice in the Lord who crushed the might of death and lighted mankind, crying to him with the incorporeals, O Creator and our Saviour, glory to thee.

VERSE 2

The righteous shall wait for me, until thou recompense me. For our sakes, O Saviour, thou didst suffer crucifixion and burial, but thou didst cause death to die, for thou art God.
Wherefore, do we worship thy third-day resurrection, O Lord, glory to thee. Out of the depths have I cried unto thee, O Lord. Lord hear my voice. Verily, when the apostles beheld the resurrection of the Creator, they were surprised, shouting in angelic praise, This is the honour of the Church. This is the richness of the kingdom. Wherefore, O thou who didst suffer for our sakes, O Lord, glory to thee.
VERSE 4

Let thine ears be attentive to the voice of my supplication. Though thou wast arrested, O Christ, by the transgressors of the law, thou still remainest my God and therefore I am not ashamed and though thou wast lashed on the back, I shall not deny thee, or nailed upon the cross, I shall not hide it, for in thy resurrection do I glory, for thy death is my life, O almighty One and Lover of mankind. O Lord, glory to thee.
VERSE 5

If thou, O Lord, shouldst mark iniquities, O Lord, who shall stand, for with thee there is forgiveness.

STICHERON 5

Verily, Christ God did fulfill the Davidean prophecy, for he did manifest his wonders to his disciples in Zion when he revealed himself that he is praised and glorified always with the Father and the Holy Spirit. As for the beginning without body, he is the Word and for these last days, he did appear in the body and died for our
Verses & Stichera
Tone 7
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VERSE 6

Because of thy name have I waited for thee, O Lord.

My soul hath waited upon thy word.

STICHERON 6

My soul hath hoped in the Lord.

Thou didst descend to hades, as thou didst will, O Christ and didst lead death captive, since thou art God and Lord and didst rise on the third day, raising Adam with thee from the bonds of hades and its corruption, who cried saying: Glory to thy
resurrection, O thou only Lover of mankind. From the morning watch until night, from the morning watch let Israel trust in the Lord.

VERSE 7

STICHERON 7

O Lord God, thou wast placed in a grave as one that slumbereth, and didst rise on the third day as one that is mighty and powerful, raising Adam with thee from the corruption of death, for thou art omnipotent.

Here end the first seven verses and resurrection stichera. When required, this is followed by verses eight, nine, ten and the three stichera for the saint of the day. When these are not sung, go directly to "Glory to the Father ......."
**VERSE 8**

For with the Lord there is mercy, and with him is abundant redemption and he will deliver Israel from all his iniquities.

Now sing the first sticheron for the saint, then Verse 9.

**VERSE 9**

Praise the Lord, all ye nations. Praise him all ye people.

Now sing the second sticheron for the saint, then Verse 10.

**VERSE 10**

For his mercy is great 'tward us, and the truth of the Lord endureth for ever.

Now sing the third sticheron for the saint, then "Glory ....."