

Lenten Triodion

FORGIVENESS SUNDAY (CHEESE-FARE)

Kontakion (B)

Adapted by Michael G. Farrow

from the music of Archpriest James Meena  
(1924-1995)

Byzantine Chant - Tone 6

O Thou who guid - est to wis - dom and giv - est

un - der - stand - ing and in - tel - li - gence, thē In - struc - tor

of thē ig - no - rant and Help - er of the poor,

strength-en my heart and grant it un - der - stand - ing, O Mas - ter.

Give me word, O Word of the Fa - ther;

for be - hold, I shall not re - frain my lips from

cry - ing to Thee: O Mer - ci - ful One, have

*rit.*  
mer - cy up - on me who am fal - en.