

January 5th

Martyrs Theopemptos, Bishop of Nicomedia and Theonas

Stichera at "O Lord, I have cried"

Byzantine Mode 4
Special Melody: *As one valiant*

Adapted by Dn. John El Massih

E Un.



1) Let us hon - or with hymns the wise The - o - pemp - tos and

E



The - o - nas; for since they o - beyed__ all the



doc - trines of Christ God, they no - bly quelled all the



wor - ship of un - law - ful i - dol - a - try



through the ho - ly and au - gust laws of wor - ship in



pi - e - ty, as with brav - er - y they con - fessed__ in the

G



pre - sence of the ty - rants the one Lord and God of

E



all__ things and from on high__ were a - ward - ed crowns.

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E **Un.**

2) All the grov - el - ling care of ___ life, all the com - fort of

E

pleas - ant things, ev - 'ry earth - ly glo - ry which

soon doth with - er up did ye for - sake as im -

- per - ma - nent and clave ___ whol - ly un - to Christ,

set a - flame in great de - light with His beau - ty and

come - li - ness, O ye all - ac - claimed; of - fered up ___ as sweet

G

ros - es, ye were crowned in God - like pow - er with the

E

crown ___ of the King - dom noth - ing can bring to nought.

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E Un.

3) Since ye hat - ed the fal - len_ world, ye were tru - ly a -

-bove the world, and un - to the Church of the

First - born were ye joined; now with th An - gels, ye

sing the_ song un - min - gled with earth - ly strains

and th ev - er - last - ing hymn, as ye stand_ face to

face with God; and ye have de - stroyed th un - law - ful de -

lu - sion of th i - dols and cast down the ty - rants'

E

mad - ness, by brave - ly striv - ing in mar - tyr - dom.